# Calvert Indoor Track Personal Bests 2010 2011

## GIRLS

(*)= relay split; cannot be used for seeding

*Italics = Unofficial Time; cannot be used for seeding*

Aris, Hannah

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:27.42 | 12-5-12 | St. Mary's Invite |
| 800m | 2:35.17 | 1-5-13 | Waldorf Classic |
| 800m 6th (3pts) | 2:35.73 | 1-11-13 | Charles Invite |
| 1600m 3rd (6pts) | 5:32.05 | 1-11-13 | Charles Invite |
| 1600m 1st (10pts) | 5:38.30 | 2-4-13 | Regional Championship |
| 3200m 2nd (8pts) | 12:04.84 | 12-19-12 | Calvert Co Invite |
| 3200m 2nd (8pts) | 12:24.41 | 2-4-13 | Regional Championship |
| 3200m 3rd (6pts) | 12:27.43 | 1-26-12 | SMAC Championships |
| 200m* | 31.75* | 1-26-12 | SMAC Championships |
| 400m* | 1:07.50* | 12-8-12 | Howard Co Invite |
| 400m* 7th (2pts) | 1:08.12* | 12-5-12 | St. Mary's Invite |
| 400m* 8th (1pt) | 1:09.64* | 12-19-12 | Calvert Co Invite |
| 400m* 7th (2pts) | 1:11.43 | 2-4-13 | Regional Championship |
| 800m* 5th (4pts) | 2:34.44* | 1-26-12 | SMAC Championships |
| 800m* 2nd (8pts) | 2:36.35* | 12-5-12 | St. Mary's Invite |
| 800m* 4th (5pts) | 2:37.68* | 12-19-12 | Calvert Co Invite |

Brooks, Bria

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m | 8.38 | 12-19-12 | Calvert Co Invite |
| 200m* | 30.17* | 1-11-13 | Charles Invite |
| Long Jump | 12-8 | 12-19-12 | Calvert Co Invite |

Cockrell, Aly

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Shot Put | 21-10.5 | 12-5-12 | St. Mary's Invite |

Dang, Tiffany

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 3:04.06 | 12-5-12 | St. Mary's Invite |
| 400m* | 1:09.44* | 1-11-13 | Charles Invite |

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m* 7th (2pts) | 2:58.15* | 1-11-13 | Charles Invite |

Emory, Christina

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 1600m | 6:19.20 | 1-26-12 | SMAC Championships |
| 400m* | 1:18.17* | 1-11-13 | Charles Invite |
| 800m* | 2:51.88* | 1-5-13 | Waldorf Classic |
| 800m* 7th (2pts) | 2:59.35* | 1-11-13 | Charles Invite |

Eiller, Danielle

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m | 10.10 | 1-11-13 | Charles Invite |

Frere, Allison

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 57.85 | | |

Gerber, Kim

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 2:42.68 | 12-5-12 | St. Mary's Invite |
| 1600m | 5:46.33 | 12-8-12 | Howard Co Invite |
| 1600m 7th (2pts) | 5:48.44 | 1-26-12 | SMAC Championships |
| 1600m 5th (4pts) | 5:51.00 | 2-4-13 | Regional Championship |
| 3200m 4th (5pts) | 12:32.07 | 1-11-13 | Charles Invite |
| 200m* | 31.65* | 12-5-12 | St. Mary's Invite |
| 400m* 8th (1pt) | 1:14.07* | 12-19-12 | Calvert Co Invite |
| 800m* 7th (2pts) | 2:40.72* | 1-11-13 | Charles Invite |
| 800m* 4th (5pts) | 2:44* | 12-19-12 | Calvert Co Invite |

Hite, Brianna

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 2:43.24 | 1-5-13 | Waldorf Classic |
| 1600m 6th (3pts) | 5:59.19 | 2-4-13 | Regional Championship |
| 3200m 2nd (8pts) | 12:27.46 | 1-11-13 | Charles Invite |
| 3200m 6th (3pts) | 12:45.64 | 1-26-12 | SMAC Championships |
| Triple Jump 3rd (6pts) | 30-11.25 | 1-11-13 | Charles Invite |

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Triple Jump 8th (1pt) | 29-10.5 | 1-26-12 | SMAC Championships |
| 400m* | 1:12.40* | 1-26-12 | SMAC Championships |
| 800m* 2nd (8pts) | 2:38.67* | 2-4-13 | Regional Championship |

Hite, Elizabeth

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m Hurdles | 10.81 | 1-26-12 | SMAC Championships |
| 1600m | 5:51.32 | 12-8-12 | Howard Co Invite |
| 3200m | 12:20.74 | 1-5-13 | Waldorf Classic |
| 3200m 3rd (6pts) | 12:26.06 | 2-4-13 | Regional Championship |
| 3200m 4th (5pts) | 12:27.71 | 1-26-12 | SMAC Championships |
| 400m* 7th (2pts) | 1:08.12* | 12-5-12 | St. Mary's Invite |
| 800m* 5th (4pts) | 2:39.09* | 1-26-12 | SMAC Championships |
| 800m* 2nd (8pts) | 2:48.21* | 12-5-12 | St. Mary's Invite |

Honeycutt, Cameron

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:35.04 | 1-26-12 | SMAC Championships |
| 1600m | 6:29.87 | 12-5-12 | St. Mary's Invite |
| 200m* | 32.24* | 2-4-13 | Regional Championship |
| 800m* | 2:55.72* | 12-8-12 | Howard Co Invite |

Hutchin, Kaitlyn

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m | 9.06 | 12-8-12 | Howard Co Invite |
| 200m* | 32.92* | 12-8-12 | Howard Co Invite |

Mattson, Courtney

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:29.03 | 12-5-12 | St. Mary's Invite |
| 800m 8th (1pt) | 2:37.52 | 12-19-12 | Calvert Co Invite |
| 800m 8th (1pt) | 2:37.58 | 1-11-13 | Charles Invite |
| 1600m 2nd (8pts) | 5:27.73 | 1-11-13 | Charles Invite |
| 1600m 2nd (8pts) | 5:38.36 | 12-19-12 | Calvert Co Invite |
| 3200m 1st (10pts) | 12:02.25 | 1-26-12 | SMAC Championships |
| 3200m 5th (4pts) | 12:06.42 | 1-5-13 | Waldorf Classic |
| 3200m 1st (10pts) | 12:10.62 | 2-4-13 | Regional Championship |

| 3200m 6th (3pts) | 12:16.66 | 12-8-12 | Howard Co Invite |
| --- | --- | --- | --- |
| 400m* 7th (2pts) | 1:10.12* | 12-5-12 | St. Mary's Invite |
| 400m* 8th (1pt) | 1:11.10* | 12-19-12 | Calvert Co Invite |
| 400m* 7th (2pts) | 1:11.19* | 2-4-13 | Regional Championship |
| 800m* 5th (4pts) | 2:33.87* | 1-26-12 | SMAC Championships |
| 800m* 2nd (8pts) | 2:34.82* | 12-5-12 | St. Mary's Invite |
| 800m* 2nd (8pts) | 2:35.51* | 2-4-13 | Regional Championship |

McCormick, Marisa

| Event | Time/Dist | Date | Meet |
| --- | --- | --- | --- |
| 1600m | 6:10.30 | 12-19-12 | Calvert Co Invite |
| 400m* | 1:13.27* | 12-8-12 | Howard Co Invite |
| 800m* 8th (1pt) | 1:13.66* | 12-19-12 | Calvert Co Invite |

Northern, Jo

| Event | Time/Dist | Date | Meet |
| --- | --- | --- | --- |
| Shot Put | 20-5.25 | 1-11-13 | Charles Invite |

Plenty, Aleia

| Event | Time/Dist | Date | Meet |
| --- | --- | --- | --- |
| 55m | 8.26 | 12-5-12 | St. Mary's Invite |
| 300m | 49.20 | 12-19-12 | Calvert Co Invite |
| 200m* | 29.61* | 2-4-13 | Regional Championship |

Porter, Emily

| Event | Time/Dist | Date | Meet |
| --- | --- | --- | --- |
| 55m Hurdles | 10.65 | 12-5-12 | St. Mary's Invite |
| 300m | 51.00 | 1-11-13 | Charles Invite |
| 500m | 1:36.26 | 2-4-13 | Regional Championship |
| 200m* | 31.10* | 12-8-12 | Howard Co Invite |

Porter, Liane

| Event | Time/Dist | Date | Meet |
| --- | --- | --- | --- |
| 300m | 45.89 | 12-5-12 | St. Mary's Invite |
| 500m | 1:26.03 | 1-11-13 | Charles Invite |
| 800m 1st (10pts) | 2:26.12 | 2-4-13 | Regional Championship |

| 800m 6th (3pts) | 2:28.87 | 1-26-12 | SMAC Championships |
|---|---|---|---|
| 800m 8th (1pt) | 2:31.19 | 1-5-13 | Waldorf Classic |
| 800m  4th (5pts) | 2:31.52 | 1-11-13 | Charles Invite |
| 800m 5th (4pts) | 2:33.51 | 12-19-12 | Calvert Co Invite |
| 400m* 7th (2pts) | 1:04.19* | 12-5-12 | St. Mary's Invite |
| 400m* 7th (2pts) | 1:04.34* | 2-4-13 | Regional Championship |
| 800m* 5TH (4pts) | 2:26.35* | 1-26-12 | SMAC Championships |
| 800m* 2nd (8pts) | 2:29.03* | 2-4-13 | Regional Championship |
| 800m* 2nd (8pts) | 2:31.79* | 12-5-12 | St. Mary's Invite |
| 800m* 4th (5pts) | 2:37.68* | 12-19-12 | Calvert Co Invite |

Sbrocco, Olivia

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 51.46 | 1-11-13 | Charles Invite |
| 500m | 1:34.56 | 12-5-12 | St. Mary's Invite |
| 800m | 2:54.25 | 12-8-12 | Howard Co Invite |
| 200m* | 31.95* | 12-5-12 | St. Mary's Invite |
| 400m* 7th (2pts) | 1:15.80* | 2-4-13 | Regional Championship |
| 800m* 4th (5pts) | 2:52.00* | 12-19-12 | Calvert Co Invite |
| 800m* 7th (2pts) | 2:52.00* | 1-11-13 | Charles Invite |
| 800m* 2nd (8pts) | 2:53.20* | 2-4-13 | Regional Championship |

Tonic, Madison

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Shot Put 7th (2pt) | 26-7.0 | 2-4-13 | Regional Championship |
| Shot Put 8th (1pt) | 26-8.5 | 1-26-12 | SMAC Championships |

VonNessen, Sarah

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| *Shot Put* | *18-06* | *12-5-12* | *St. Mary's Invite* |

Willett, Talia

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 200m* | 34.97* | 12-8-12 | Howard Co Invite |

Wollen, Claire

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 59.77 | 12-19-12 | Calvert Co Invite |

Top Relay Performances

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 4 x 200 | 2:05.42 | 12-5-12 | St. Mary's Invite |
| 4 x 400 | 4:35.07 | 12-5-12 | St. Mary's Invite |
| 4 x 800 | 10:15.49 | 1-26-12 | SMAC Championships |

### **Calvert Indoor Track Personal Bests 2010 2011**

### **BOYS**

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Blankenship, Jordan

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:19.61 | 12-5-12 | St. Mary's Invite |
| 800m | 2:15.30 | 1-11-13 | Charles Invite |
| 1660m 7th (2pts) | 4:47.13 | 1-26-12 | SMAC Championships |
| 1600m 6th (3pts) | 4:54.15 | 1-11-13 | Charles Invite |
| 3200m 3rd (6pts) | 10:32.44 | 2-4-13 | Regional Championship |
| 400m* | 1:00.49* | 12-19-12 | Calvert Co Invite |
| 800m* 6th (3pts) | 2:15* | 12-5-12 | St. Mary's Invite |

Cousino, Zachary

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 2:36.52 | 12-19-12 | Calvert Co Invite |
| 1600m | 5:41.53 | 1-5-13 | Waldorf Classic |
| 3200m | 12:16.21 | 1-26-12 | SMAC Championships |
| 800m* | 2:33* | 12-19-12 | Calvert Co Invite |

Edmunds, Cameron

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m (3rd (6pts) | 6.88 | 1-11-13 | Charles Invite |

| 55m (5th) 4pts | 6.91 | 12-5-12 | St. Mary's Invite |
|---|---|---|---|
| 55m 7th (2pts) | 6.98 | 1-26-12 | SMAC Championships |
| 300m | 38.14 | 1-26-12 | SMAC Championships |
| 200m* 7th (2pts) | 23.37* | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 23.82* | 1-26-12 | SMAC Championships |
| 200m* 7th (2pts) | 24.01* | 12-5-12 | St. Mary's Invite |
| 400m* 7th (2pt) | 55.93* | 1-11-13 | Charles Invite |

Giannazi, Alistair

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Shot Put | 32-1 | 12-5-12 | St. Mary's Invite |

Harley, Michael

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Shot Put 5th (4pts) | 40-3.5 | 2-4-13 | Regional Championship |
| Shot Put 6th (3pts) | 40-2.5 | 1-26-12 | SMAC Championships |

Joyner, Seth

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 39.71 | 12-5-12 | St. Mary's Invite |
| 500m | 1:12.39 | 12-19-12 | Calvert Co Invite |
| 200m* | 24.50 | 12-19-12 | Calvert Co Invite |
| 200m* 7th (2pts) | 24.68* | 12-5-12 | St. Mary's Invite |
| 400m* 7th (2pt) | 53.99* | 1-11-13 | Charles Invite |
| 800m* | 2:09* | 1-11-13 | Charles Invite |

Mattson, Michael

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 2:37.36 | 12-19-12 | Calvert Co Invite |
| 1600m | 5:38.14 | 1-5-13 | Waldorf Classic |
| 3200m | 11:56.59 | 1-26-12 | SMAC Championships |
| 800m* | 2:33.0* | 2-4-13 | Regional Championship |

McCullum, Lucas

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m Hurdles | 10.17 | 12-19-12 | Calvert Co Invite |

| | | | |
|---|---|---|---|
| 500m | 1:21.28 | 12-5-12 | St. Mary's Invite |
| Long Jump | 15-2.75 | 12-5-12 | St. Mary's Invite |
| 200m* | 27.78* | 12-8-12 | Howard Co Invite |
| 800m* | 2:35* | 2-4-13 | Regional Championship |

McCullum, Jacob

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 800m | 2:13.69 | 1-11-13 | Charles Invite |
| 500m | 1:19.77 | 1-5-13 | Waldorf Classic |
| 1600m | 5:16.87 | 1-11-13 | Charles Invite |
| 1600m 8th (1pt) | 5:16..95 | 2-4-13 | Regional Championship |
| 3200m | 12:10.79 | 12-19-12 | Calvert Co Invite |
| 800m* 6th (3pts) | 2:20* | 12-5-12 | St. Mary's Invite |
| 200m* | 27.07* | 12-8-12 | Howard Co Invite |
| 400m* | 1:02.39* | 12-8-12 | Howard Co Invite |

Peirce, Brandon

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 41.00 | 1-11-13 | Charles Invite |
| Triple Jump | 33-3.5 | 12-19-12 | Calvert Co Invite |
| 200m* 7th (2pts) | 25.50* | 2-4-13 | Regional Championship |
| 400m* | 57.83* | 12-19-12 | Calvert Co Invite |
| 400m* 7th (2pt) | 59.73* | 1-11-13 | Charles Invite |

Plenty, Mikhel

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 41.03 | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 25.79* | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 26.00* | 2-4-13 | Regional Championship |
| 200m* 6th (3pts) | 26.33* | 1-26-12 | SMAC Championships |
| 200m* 7th (2pts) | 26.43* | 12-5-12 | St. Mary's Invite |
| 400m* | 1:05.00* | 1-26-12 | SMAC Championships |

Rickards, Jacob

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:35.06 | 12-8-12 | Howard Co Invite |
| 1600m | 6:00.05 | 12-19-12 | Calvert Co Invite |

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 3200m | 12:24.15 | 1-11-13 | Charles Invite |
| 800m* | 2:41.52* | 1-11-13 | Charles Invite |

Sbrocco, Nicolas

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:23.09 | 1-5-13 | Waldorf Classic |
| 800m | 2:22.05 | 1-26-12 | SMAC Championships |
| 1600m | 5:11.04 | 1-26-12 | SMAC Championships |
| 1600m 7th (2pts) | 5:16.14 | 2-4-13 | Regional Championship |
| 400m* | 1:08.54* | 12-8-12 | Howard Co Invite |
| 800m* | 2:21.49* | 1-11-13 | Charles Invite |
| 800m* 6th (3pts) | 2:25* | 12-5-12 | St. Mary's Invite |

Walker, Remington

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m | 7.43 | 12-19-12 | Calvert Co Invite |
| 200m* | 25.93* | 12-8-12 | Howard Co Invite |
| 200m* 6th (3pts) | 26.13* | 1-26-12 | SMAC Championships |
| 200m* 7th (2pts) | 26.29* | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 26.38* | 2-4-13 | Regional Championship |
| 400m* | 1:04.28* | 1-26-12 | SMAC Championships |

Walker, Zack

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:18.75 | 1-11-13 | Charles Invite |
| 800m | 2:16.32 | 1-5-13 | Waldorf Classic |
| 1600m | 5:10.20 | 1-26-12 | SMAC Championships |
| 3200m | 11:38.04 | 12-19-12 | Calvert Co Invite |
| 400m* | 59.71* | 12-8-12 | Howard Co Invite |
| 800m* 6th (3pts) | 2:25* | 12-5-12 | St. Mary's Invite |

Wallace, MJ

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 55m | 7.10 | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 24.67* | 1-11-13 | Charles Invite |
| 200m* 7th (2pts) | 25.00* | 2-4-13 | Regional Championship |
| 200m* | 25.47* | 1-26-12 | SMAC Championships |
| 400m* | 1:02.54* | 1-26-12 | SMAC Championships |

Waskiewicz, Toby

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 500m | 1:21.61 | 12-19-12 | Calvert Co Invite |
| 400m* | 1:05.49* | 12-5-12 | St. Mary's Invite |
| 800m* | 2:33.00* | 2-4-13 | Regional Championship |

Weatherly, Jason

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 300m | 39.80 | 12-19-12 | Calvert Co Invite |
| 500m | 1:15.51 | 12-5-12 | St. Mary's Invite |
| 200m* 7th (2pts) | 25.43* | 12-5-12 | St. Mary's Invite |
| 400m* 7th (2pt) | 58.55* | 1-11-13 | Charles Invite |

White, Robert

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Shot Put 3rd (6pts) | 43-6 | 12-19-12 | Calvert Co Invite |
| Shot Put 1st (10pts) | 42-4 | 2-4-13 | Regional Championship |
| Shot Put (5th )- 4pts | 39-3 | 12-5-12 | St. Mary's Invite |

Wollen, Stephen

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| Long Jump | 13-9 | 12-19-12 | Calvert Co Invite |

Top Relay Performances

| Event | Time/Dist | Date | Meet |
|---|---|---|---|
| 4 x 200 | 1:40.01 | 12-19-12 | Calvert Co Invite |
| 4 x 400 | 3:48.45 | 1-11-13 | Charles Invite |
| 4 x 800 | 9:24.80 | 12-5-12 | St. Mary's Invite |