Calvert Indoor Track Personal Bests 2011 2012

GIRLS

(*)= relay split; cannot be used for seeding

Italics = Unofficial Time; cannot be used for seeding

Aris, Hannah

Event	Time/Dist	Date	Meet
*400m 7th (2pts)	1:08*	2-6-12	2A East Regionals
800m	2:33.45	2-21-12	STATE CHAMPIONSHIP
800m 5th (4pts)	2:34.60	2-6-12	2A East Regionals
800m- 6th (3pts)	2:36.51	1-28-12	SMAC
*800m – 3rd (6pts)	2:40*	1-6-12	St. Mary's Inv.
800m- 8th (1pt)	2:43.64	12-20-11	Charles Inv.
*800m- 4th (5pts)	2:44*	12-7-11	Calvert Inv.
1600-7th (2pts)	5:32.67	2-21-12	STATE CHAMPIONSHIP
1600m- 2nd (8pts)	5:36.00	2-6-12	2A East Regionals
1600m- 2nd (8pts)	5:36.84	1-28-12	SMAC
1600m- 2nd (8pts)	5:44.92	12-20-11	Charles Inv.
3200m – 2nd (8pts)	12:16.30	1-6-12	St. Mary's Inv.
3200m – 1st (10pts)	12:23.58	12-7-11	Calvert Inv.

Brown, Natalie

Event	Time/Dist	Date	Meet
1600m	6:46.96	12-20-11	Charles Inv.
3200m	15:11.54	12-7-11	Calvert Inv.

Ellison, Claire

Event	Time/Dist	Date	Meet
800m	3:23.57	12-20-11	Charles Inv.

Creek, Markeisha

Event	Time/Dist	Date	Meet
55m- 2rd (8pts)	7.11	2-6-12	2A East Regionals
55m- 1st STATE CHAMP (10pts)	7.24	2-21-12	STATE CHAMPIONSHIP
55m- 3rd (6pts)	7.43	1-28-12	SMAC
55m- 1st (10pts)	7.43	12-7-11	Charles Inv.
55m – 2nd (8pts)	7.49	1-6-12	St. Mary's Inv.
55m- 7th (2pts)	7.52	1-14-12	So. Maryland Classis
55m- 1st (10pts)	7.55	12-7-11	Calvert Inv.
*200m	24.8*	1-14-12	So. Maryland Classis
*200m- 7th (2pts)	25.35*	12-7-11	Calvert Inv.
*200m- 8th (1-pt)	25.80*	2-6-12	2A East Regionals
300m- 3rd (6pts)	41.90	2-6-12	2A East Regionals
300m – 5th (4pts)	42.52	2-21-12	STATE CHAMPIONSHIP
300m-7th (2pts)	42.54	1-28-12	SMAC
300m	42.54	1-14-12	So. Maryland Classis
300m- 2nd (8pts)	42.69	12-20-11	Charles Inv.
300m – 2nd (8pts)	42.97	1-6-12	St. Mary's Inv.
300m- 2nd (8pts)	43.61	12-7-11	Calvert Inv.
*400m – 7th (2pts)	1:06.15*	2-6-12	2A East Regionals

Embry, Genevieve

Event	Time/Dist	Date	Meet
*400m- 7th (2pts)	1:13*	2-6-12	2A East Regionals
500m	1:38.59	1-28-12	SMAC
800m	2:47.42	1-14-12	So. Maryland Classis
*800m- 4th (4pts)	2:48*	1-28-12	SMAC
*800m- 2nd (8pts)	2:49*	2-6-12	2A East Regionals
*800m- 4th (5pts)	2:52.89*	12-20-11	Charles Inv.

Hite, Brianna (42+10)

Event	Time/Dist	Date	Meet
*400m- 7th (2pts)	1:13*	2-6-12	2A East Regionals
*800m- 2nd (8pts)	2:42*	2-6-12	2A East Regionals
*800m- 4th (5pts)	2:43.03*	12-20-11	Charles Inv.
*800m – 3rd (6pts)	*2:43	1-6-12	St. Mary's Inv.
*800m-4th (4pts)	2:44*	1-28-12	SMAC
1600m- 3rd (6pts)	6:00.03	1-6-12	St. Mary's Inv.
3200m- 3rd (6pts)	12:28.10	1-28-12	SMAC
3200m- 2nd (8pts)	12:50.04	12-20-11	Charles Inv.
3200m- 3rd (6pts)	13:05.30	2-6-12	2A East Regionals

Kim, Mignon

Event	Time/Dist	Date	Meet
*800m – 4th (5pts)	2:57.45*	12-20-11	Charles Inv.
800m	3:00.45	1-6-12	St. Mary's Inv.

Mattson, Courtney

Event	Time/Dist	Date	Meet
*400m-	1:12.98*	1-6-12	St. Mary's Inv.
*800m- 4th (4pts)	2:32*	1-28-12	SMAC
800m- 3rd (6pts)	2:33.10	2-6-12	2A East Regionals
*800m- 2nd (8pts)	2:34*	2-6-12	2A East Regionals
*800m- 4th (5pts)	2:34.94*	12-7-11	Calvert Inv.
*800m- 4th (5pts)	2:35	12-20-11	Charles Inv.
*800m – 3rd (6pts)	2:36	1-6-12	St. Mary's Inv.
800m	2:47.88	1-28-12	SMAC
1600m- 2nd (8pts)	5:43.08	12-7-11	Calvert Inv.
1600m – 2nd (8pts)	5:54.85	1-6-12	St. Mary's Inv.
3200m- 4th (5pts)	11:56.10	2-21-12	STATE CHAMPIONSHIP
3200m- 2nd (8pts)	12:01.37	1-14-12	So. Maryland Classis
3200m- 1st (10pts)	12:06.68	1-28-12	SMAC
3200m- 1st (10pts)	12:09.10	2-6-12	2A East Regionals
3200m – 1st (10pts)	12:44.42	12-20-11	Charles Inv.

McCormick, Marissa

Event	Time/Dist	Date	Meet
*400m	1:16.41*	1-6-12	St. Mary's Inv.
500m	1:40.40	12-20-11	Charles Inv.
*800m- 4th (4pts)	2:52*	1-28-12	SMAC
800m	*2:57.19*	*1-14-12*	*So. Maryland Classis*
800m	3:02.83	1-6-12	St. Mary's Inv.
1600m	6:38.32	12-7-11	Calvert Inv.

Plenty, Aleia

Event	Time/Dist	Date	Meet
*200m	29.67*	12-20-11	Charles Inv.
*200m- 7th (2pts)	30.22*	12-7-11	Calvert Inv.
*200m – 8th (1pt)	31.00*	2-6-12	2A East Regionals
300m	49.32	12-7-11	Calvert Inv.
*400m	1:16.11*	1-28-12	SMAC
500m	1:49.90	12-20-11	Charles Inv.

Poelker, Mackenzie

Event	Time/Dist	Date	Meet
*400m	1:19.79*	12-7-11	Calvert Inv.

Rawlings, Brianna

Event	Time/Dist	Date	Meet
*200m	32.46*	12-20-11	Charles Inv.
300m	53.19	1-6-12	St. Mary's Inv.

Roth, Lauren

Event	Time/Dist	Date	Meet
Triple Jump	26-7	1-14-12	So. Maryland Classis
500m	1:36.60	2-6-12	2A East Regionals
*800m- 4th (5pts)	3:00.89*	12-20-11	Calvert Inv.

Sbrocco, Olivia

Event	Time/Dist	Date	Meet
*400m	1:15*	1-14-12	So. Maryland Classis
*800m – 2nd (8pts)	2:45.90*	2-6-12	2A East Regionals
800m	2:47.14	1-14-12	So. Maryland Classis
*800m – 3rd (6pts)	2:49	1-6-12	St. Mary's Inv.
*800m- 4th (5pts)	2:54.16*	12-7-11	Calvert Inv.
1600m	6:01.87	1-14-12	So. Maryland Classis
1600m- 8th (1pts)	6:02.73	12-20-11	Charles Inv.
1600m- 7th (2pts)	6:07.20	2-6-12	2A East Regionals
3200m	13:22.80	1-6-12	St. Mary's Inv.
3200m- 4th (5pts)	13:27.07	12-7-11	Calvert Inv.

Sewell, Rodne't

Event	Time/Dist	Date	Meet
Shot Put- 5th (4pts)	32.10.5	2-21-12	STATE CHAMPIONSHIP
Shot Put – 1st (10pts)	32-9.5	2-6-12	2A East Regionals
Shot Put- 8th (1pt)	32-1	1-14-12	So. Maryland Classis
Shot Put- 6th (3pts)	30-8.5	12-20-11	Charles Inv.
Shot Put- 6th (3pts)	30-5.5	1-28-12	SMAC
Shot Put – 4th (5pts)	30-4	1-6-12	St. Mary's Inv.
Shot Put- 7th (2pts)	27-11	12-7-11	Calvert Inv.

Turner, Ariel

Event	Time/Dist	Date	Meet
*200m	31.2*	1-14-12	So. Maryland Classic
*200m – 8th (1pt)	32.33*	2-6-12	2A East Regionals
*200m- 7th (2pts)	33.24*	12-7-11	Calvert Inv.
300m	52.29	1-6-12	St. Mary's Inv.

Yates, Courtney

Event	Time/Dist	Date	Meet
High Jump- 3rd (6pts)	4-9	2-6-12	2A East Regionals
Triple Jump – 6th (3pts)	28-8.75	1-6-12	St. Mary's Inv.
Triple Jump- 6th (3pts)	27-0.5	12-20-11	Charles Inv.
55m Hurdles- 8th (1pt)	9.78	1-6-12	St. Mary's Inv.
55m Hurdles- 7th (2pts)	9.87	12-20-11	Charles Inv.
55m Hurdles 6th (3pts)	10.00	1-14-12	So. Maryland Classic
55m Hurdles- 7th (2pts)	10.05	1-28-12	SMAC
*200m- 8th (1pt)	30.41*	2-6-12	2A East Regionals
*200m	31.63*	1-6-12	St. Mary's Inv.
*200m – 7th (2-pts)	33.66*	12-7-11	Calvert Inv.

Young, Casey

Event	Time/Dist	Date	Meet
*400m	1:24.66*	12-7-11	Calvert Inv.
1600m	6:41.42	1-28-12	SMAC
3200m	14:57.04	12-20-11	Charles Inv.

Top Relay Performances

Event	Time/Dist	Date	Meet
4 x 200	1:59.80	2-6-12	2A East Regionals
4 x 400	4:42.30	2-6-12	2A East Regionals
4 x 800	10:50.97	1-6-12	St. Mary's Inv.

Calvert Indoor Track Personal Bests 2010 2011

BOYS

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Blankenship, Jordan

Event	Time/Dist	Date	Meet
*400m	1:01*	1-14-12	So. Maryland Classic
800m	2:17.17	12-20-11	Charles Inv.
1600m	4:57.51	1-28-12	SMAC
1600m- 6th (3pts)	4:59.00	2-6-12	2A East Regionals
3200m	11:02.27	12-7-11	Calvert Inv.
3200m- 5th (4pts)	11:06.40	2-6-12	2A East Regionals

Collins, Zachary

Event	Time/Dist	Date	Meet
Shot Put – 6th (3pts)	39-0	12-7-11	Calvert Inv.
Shot Put- 8th (1pt)	37-9.0	2-6-12	2A East Regionals

Dang, Victor

Event	Time/Dist	Date	Meet
*800m	2:28*	1-28-12	SMAC
*800m- 8th (1pt)	2:32*	2-6-12	2A East Regionals
1600m	5:35.49	1-28-12	SMAC

Gordon, Jabari

Event	Time/Dist	Date	Meet
*200m- 5th (4pts)	24.71*	2-6-12	2A East Regionals
*200m	25.91*	1-6-12	St. Mary's Inv.
*400m- 1st (10pts)	57.11*	2-6-12	2A East Regionals
*400- 7th (2pts)	58.18*	1-28-12	SMAC
500m	1:16.85	1-14-12	So. Maryland Classic
800m	2:35.01	12-7-11	Calvert Inv.

Hare, John

Event	Time/Dist	Date	Meet
*800m	2:23.77*	12-7-11	Calvert Inv.
800m	2:27.17	1-14-12	So. Maryland Classic
*800m- 8th (1pt)	2:32*	2-6-12	2A East Regionals
1600m	5:25.62	12-7-11	Calvert Inv.
3200m	*11:57*	*12-20-11*	*Charles Inv.*

Jones, Trenton

Event	Time/Dist	Date	Meet
55m	*7.36*	*12-7-11*	*Calvert Inv.*
55m	7.38	1-6	St. Mary's Inv.
*200m- 5th (4pts)	24.46*	2-6-12	2A East Regionals
*200m	25.54*	12-20-11	Charles Inv.
300m	*40.93*	*12-7-11*	*Calvert Inv.*
500m	1:21.97	1-6-12	St. Mary's Inv.

Joyner, Seth

Event	Time/Dist	Date	Meet
Long Jump	18-2	12-20-11	Charles Inv.
*200m	24.85*	12-7-11	Calvert Inv.
300m	40.23	12-20-11	Charles Inv.
*400m- 1st (10pts)	55.63*	2-6-12	2A East Regionals
*400m- 7th (2pts)	58.72*	1-28-12	SMAC
500m	1:15.20	1-28-12	SMAC

Kornegay, Caleb

Event	Time/Dist	Date	Meet
*800m- 8th (1pt)	2:29*	2-6-12	2A East Regionals
1600m	5:29.43	12-20-11	Charles Inv.
3200m	12:19.80	1-6-12	St. Mary's Inv.

Kruder, Nathaniel

Event	Time/Dist	Date	Meet
Shot Put	28-1.5	12-7-11	Calvert Inv.
*400m	1:00*	1-14-12	So. Maryland Classic
1600m	4:55.66	1-14-12	So. Maryland Classic
1600m- 7th (1pt)	4:56.71	1-6-12	St. Mary's Inv.
1600m- 8th (1pt)	5:00.90	2-6-12	2A East Regionals

McCullum, Jacob

Event	Time/Dist	Date	Meet
800m	2:26.86	1-28-12	SMAC
*800m- 8th (1pt)	2:29*	2-6-12	2A East Regionals
1000m	3:15.17	1-14-12	So. Maryland Classic

Morgan, Deontrae

Event	Time/Dist	Date	Meet
300m- 1st (10pts)	37.30	2-6-12	2A East Regionals
300m- 6th (3pts)	37.86	12-20-11	Charles Inv.
300m- 5th (4pts)	37.88	1-6-12	St. Mary's Inv.
300m- 7th (2pts)	38.14	1-28-12	SMAC
*400m- 1st (10pts)	52.91*	2-6-12	2A East Regionals
*400m- 7th (2pts)	55.15*	1-28-12	SMAC
800m- 2nd (8pts)	2:07.50	2-6-12	2A East Regionals
800m- 7th (2pts)	2:07.63	2-21-12	STATE CHAMPIONSHIP
800m – 5th (4pts)	2:08.04	12-20-11	Charles Inv.
800m- 5th (4pts)	2:08.22	1-28-12	SMAC

Phillips, Sylvester

Event	Time/Dist	Date	Meet
*200m	23.15*	12-20-11	Charles Inv.
300m	38.15	12-20-11	Charles Inv.
*400m- 1st (10pts)	54.78*	2-6-12	2A East Regionals
*400m- 7th (2pts)	57.14*	1-28-12	SMAC
500m- 7th (2pts)	1:13.50	2-6-12	2A East Regionals

Plenty, Mikhel

Event	Time/Dist	Date	Meet
55m	7.30	1-28-12	SMAC
*200m	26.56*	12-7-11	Calvert Inv.
*200m- 5th (4pts)	27.71*	2-6-12	2A East Regionals
300m	43.14	12-7-11	Calvert Inv.
*400m	1:08*	1-14-12	So. Maryland Classic
500m	1:24.74	12-7-11	Calvert Inv.

Sutphin, Kyle

Event	Time/Dist	Date	Meet
*200m	25.87*	1-6-12	St. Mary's Inv.
*200m- 5th (4pts)	26.33*	2-6-12	2A East Regionals
500m	1:20.66	12-20-11	Charles Inv.
800m	*2:28*	*12-7-11*	*Calvert Inv.*
800m	2:49.22	1-6-12	St. Mary's Inv.

Thompson, Brendon

Event	Time/Dist	Date	Meet
*800m	2:20.99*	12-7-11	Calvert Inv.
1600m	5:36.22	1-6-12	St. Mary's Inv.
3200m	11:28.26	1-28-12	SMAC

Walker, Zach

Event	Time/Dist	Date	Meet
Long Jump	11-0.75	12-20-11	Charles Inv.
800m	2:50.38	12-20-11	Charles Inv.

Young, Patrick

Event	Time/Dist	Date	Meet
800m	2:40.10	12-7-11	Calvert Inv.

Top Relay Performances

Event	Time/Dist	Date	Meet
4 x 200	1:42.21	1-6-12	St. Mary's Inv.
4 x 400	3:40.43	2-6-12	2A East Regionals
4 x 800	9:42.16	12-7-11	Calvert Inv.