# Calvert Indoor Track Personal Bests 2010 2011

## **GIRLS**

(\*)= relay split; cannot be used for seeding

Italics = Unofficial Time; cannot be used for seeding

## Aris, Hannah

Event	Time/Dist	Date	Meet
400m*	1:08.25*	5-10-12	SMAC
400m- 2 <sup>nd</sup> (3pts)*	1:10*	3-27-12	Chop/Pax/ @ McD
800m	2:34.88	5-10-12	SMAC
800m- 1 <sup>st</sup> (6pts)	2:36.64	3-27-12	Chop/Pax/ @ McD
800m- 2 <sup>nd</sup> (3pts)	2:39.64	4-17-12	Westlake @ GM
800m- 3 <sup>rd</sup> (1pt)*	2:38*	4-11-12	Lackey/TS @ NP
800m- 1 <sup>st</sup> (5pts)*	2:45*	3-27-12	Chop/Pax/ @ McD
1600m- 4 <sup>th</sup> (4pts)	5:27.26	5-19-12	2A South Regionals
1600m- 5 <sup>TH</sup> (4pts)	5:28.74	5-10-12	SMAC
1600m- 3 <sup>rd</sup> (6pts)	5:32.99	3-31-12	Seahawk Invite
1600m- 3 <sup>rd</sup> (2pts)	5:33.24	5-1-12	Leo/Northern @ Home
1600m- 2 <sup>nd</sup> (3pts)	5:37.04	4-17-12	Westlake @ GM
1600m- 2 <sup>nd</sup> (4pts)	5:38.04	3-27-12	Chop/Pax/ @ McD
1600m- 2 <sup>nd</sup> (3pts)	5:40.14	4-24-12	LP/Hunt @ Home
3200m- 4 <sup>th</sup> (5pts)	11:46.30	4-28-12	Howard County Inv.
3200m- 2 <sup>nd</sup> (4pts)	12:05.01	4-11-12	Lackey/TS @ NP
3200m- 5 <sup>th</sup> (2pts)	12:11.08	5-18-12	2A South Regionals
3200m- 2 <sup>nd</sup> (3pts)	12:35.74	4-24-12	LP/Hunt @ Home
3200m- 2 <sup>nd</sup> (3pts)	12:38.44	4-17-12	Westlake @ GM
3200m- 4 <sup>th</sup> (1pt)	12:52.84	5-1-12	Leo/Northern @ Home

# Avery, Mariah

Event	Time/Dist	Date	Meet
100m	15.84	4-24-12	LP/Hunt @ Home
400m	1:16.74	4-17-12	Westlake @ GM

# Benjamin, Kennedy

Event	Time/Dist	Date	Meet
100m	15.84	4-17-12	Westlake @ GM
200m	32.64	4-17-12	Westlake @ GM
200m-8 <sup>th</sup> (1pt)*		3-31-12	Seahawk Invite
400m	1:18.53	4-11-12	Lackey/TS @ NP
High Jump- 3 <sup>rd</sup> (3pts)	4-2	3-27-12	Chop/Pax/ @ McD

## Bowman, Bionca

Event	Time/Dist	Date	Meet
100m	15.44	3-27-12	Chop/Pax/ @ McD
200m	32.84	4-24-12	LP/Hunt @ Home
400m	1:14.25	5-10-12	SMAC
Long Jump	10-5	4-24-12	LP/Hunt @ Home

# Brown, Natalie

Event	Time/Dist	Date	Meet
1600m	6:56.14	3-27-12	Chop/Pax/ @ McD
3200m	14.59.94	4-17-12	Westlake @ GM

## Capps, Abigail

Event	Time/Dist	Date	Meet
800m	3:05.24	5-1-12	Leo/Northern @ Home
800m*	2:58.79*	5-10-12	SMAC
1600m	6:47.84	4-17-12	Westlake @ GM

## Cockrell, Aly

Event	Time/Dist	Date	Meet
100m	16.34	5-1-12	Leo/Northern @ Home
Discus	50-9	4-11-12	Lackey/TS @ NP
Shot Put	23-11	5-10-12	SMAC

## Creek, Markeisha

Event	Time/Dist	Date	Meet
100m- 1 <sup>st</sup> (5pts)	12.24	5-1-12	Leo/Northern @ Home
100m- 1 <sup>st</sup> (10pts)	12.34	5-19-12	2A South Regionals
100m- 1 <sup>st</sup> (5pts)	12.34	4-24-12	LP/Hunt @ Home
100m- 2 <sup>nd</sup> (8pts)	12.54	5-10-12	SMAC
100m- 1 <sup>st</sup> (6pts)	12.54	3-27-12	Chop/Pax/ @ McD
100m- 1 <sup>st</sup> (5pts)	12.64	4-17-12	Westlake @ GM
100m- 3 <sup>rd</sup> (6pts)*		5-10-12	SMAC
100m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
100m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
100m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
200m- 2 <sup>nd</sup> (3pts)	25.54	4-24-12	LP/Hunt @ Home
200m- 1 <sup>st</sup> (10pts)	25.62	5-19-12	2A South Regionals
200m- 3 <sup>rd</sup> (6pts)	25.77	5-10-12	SMAC
200m- 1 <sup>st</sup> (5pts)	26.14	4-17-12	Westlake @ GM
200m- 1 <sup>st</sup> (5pts)	26.34	5-1-12	Leo/Northern @ Home
200m- 3 <sup>rd</sup> (6pts)		5-18-12	2A South Regionals
200m- 4 <sup>th</sup> (5pts)*		5-10-12	SMAC
200m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 1 <sup>st</sup> (5pts)*		4-17-12	Westlake @ GM
400m- 2 <sup>nd</sup> (5pts)*	1:10*	3-27-12	Chop/Pax/ @ McD

## Ellison, Claire

Event	Time/Dist	Date	Meet
800m	3:22.14	4-17-12	Westlake @ GM
1600m	7:22.04	3-27-12	Chop/Pax/ @ McD

# Embry, Genevieve

Event	Time/Dist	Date	Meet
800m- 4 <sup>th</sup> (1pt)	2:57.14	4-17-12	Westlake @ GM
800m- 5 <sup>th</sup> (1pt)	2:58.74	3-27-12	Chop/Pax/ @ McD
800m*	2:44.85*	5-18-12	2A South Regionals
800m- 1 <sup>st</sup> (5pts)*	2:51*	4-17-12	Westlake @ GM
800m- 1 <sup>st</sup> (5pts)*	2:52*	3-27-12	Chop/Pax/ @ McD
800m- 2 <sup>nd</sup> (3pts)*	2:54.78	4-24-12	LP/Hunt @ Home
1600m	6:08.13	3-31-12	Seahawk Invite
1600m	6:23.00	4-11-12	Lackey/TS @ NP
1600m- 5 <sup>th</sup> (1pt)	6:31.44	3-27-12	Chop/Pax/ @ McD

## Emory, Christina

Event	Time/Dist	Date	Meet
800m	3:12.14	4-17-12	Westlake @ GM
800m*	3:11*	3-31-12	Seahawk Invite
1600m	7:03.34	5-1-12	Leo/Northern @ Home

## Graves, Tyler

Event	Time/Dist	Date	Meet
400m*	1:08.69*	5-19-12	2A South Regionals
800m- 3 <sup>rd</sup> (1pt)*	2:55*	4-11-12	Lackey/TS @ NP
Discus	59-9	5-1-12	Leo/Northern @ Home
Triple Jump	30-07	5-10-12	SMAC
Triple Jump- 4 <sup>th</sup> (2pts)	30-2.5	4-11-12	Lackey/TS @ NP
Triple Jump- 3 <sup>rd</sup> (2pts)	29-6.5	4-24-12	LP/Hunt @ Home
Triple Jump- 3 <sup>rd</sup> (2pts)	29-4	4-17-12	Westlake @ GM
Triple Jump- 4 <sup>th</sup> (2pts)	28-08	3-27-12	Chop/Pax/ @ McD
Long Jump- 4 <sup>th</sup> (2pts)	14-2	4-11-12	Lackey/TS @ NP
Long Jump- 3 <sup>rd</sup> (2pts)	12-9	4-17-12	Westlake @ GM

## Gross, Tonyia

Event	Time/Dist	Date	Meet
100m	16.54	4-24-12	LP/Hunt @ Home
200m	34.14	4-24-12	LP/Hunt @ Home

#### Hite, Brianna

Event	Time/Dist	Date	Meet
800m	2:49.42	4-11-12	Lackey/TS @ NP
800m- 1 <sup>st</sup> (5pts)*	2:38*	3-27-12	Chop/Pax/ @ McD
800m- 2 <sup>nd</sup> (3pts)*	3:38.99*	4-24-12	LP/Hunt @ Home
800m- 1 <sup>st</sup> (5pts)*	2:45*	4-17-12	Westlake @ GM
1600m	5:49.62	4-28-12	Howard County Inv.
1600m- 3 <sup>rd</sup> (3pts)	6:00.94	3-27-12	Chop/Pax/ @ McD
1600m- 4 <sup>th</sup> (2pts)	6:02.54	4-11-12	Lackey/TS @ NP
1600m- 3 <sup>rd</sup> (2pts)	6:06.04	4-24-12	LP/Hunt @ Home
1600m- 3 <sup>RD</sup> (2pts)	6:15.44	4-17-12	Westlake @ GM
3200m- 8 <sup>th</sup> (1pt)	12:35.87	5-10-12	SMAC
3200m- 2 <sup>nd</sup> (4pts)	12:57.64	3-27-12	Chop/Pax/ @ McD
3200m- 3 <sup>rd</sup> (2pts)	13:21.24	4-24-12	LP/Hunt @ Home
3200m- 3 <sup>rd</sup> (2pts)	13:33.14	4-17-12	Westlake @ GM
Triple Jump- 3 <sup>rd</sup> (3pts)	30-3	4-11-12	Lackey/TS @ NP
Triple Jump- 4 <sup>th</sup> (1pt)	28-10	4-17-12	Westlake @ GM

# Irby, Shannon

Event	Time/Dist	Date	Meet
100m hurdles	18.64	5-1-12	Leo/Northern @ Home
100m hurdles- 4 <sup>th</sup> (1pt)	18.84	4-24-12	LP/Hunt @ Home
100m hurdles- 1 <sup>st</sup> (6pts)	19.14	3-27-12	Chop/Pax/ @ McD
100m hurdles-3 <sup>rd</sup> (2pts)	19.74	4-17-12	Westlake @ GM
300m hurdles	53.05	5-10-12	SMAC
300m hurdles- 2 <sup>nd</sup> (3pts)	55.24	5-1-12	Leo/Northern @ Home
300m hurdles- 4 <sup>th</sup> (1pt)	58.04	4-24-12	LP/Hunt @ Home
300m hurdles- 4 <sup>th</sup> (1pt)	58.14	4-17-12	Westlake @ GM
300m hurdles- 2 <sup>nd</sup> (4pts)	59.24	3-27-12	Chop/Pax/ @ McD

## Mattson, Courtney

Event	Time/Dist	Date	Meet
800m- 7 <sup>th</sup> (2pts)	2:31.13	5-10-12	SMAC
800m- 3 <sup>rd</sup> (6pts)	2:31.15	3-31-12	Seahawk Invite
800m- 6 <sup>th</sup> (1pt)	2:32.81	5-19-12	2A South Regionals
800m- 2 <sup>nd</sup> (3pts)	2:31.84	5-1-12	Leo/Northern @ Home
800m- 1 <sup>st</sup> (6pts)	2:32.75	4-11-12	Lackey/TS @ NP
800m- 2 <sup>nd</sup> (8pts)	2:37.44	4-24-12	LP/Hunt @ Home
800m- 1 <sup>st</sup> (5pts)	2:37.64	4-17-12	Westlake @ GM
800m- 2 <sup>nd</sup> (4pts)	2:41.14	3-27-12	Chop/Pax/ @ McD
800m- 3 <sup>rd</sup> (1pt)*	2:32*	4-11-12	Lackey/TS @ NP
1600m- 3 <sup>rd</sup> (6pts)	5:22.77	5-10-12	SMAC
1600m- 3 <sup>rd</sup> (6pts)	5:27.21	5-19-12	2A South Regionals
1600m- 2 <sup>nd</sup> (3pts)	5:27.34	5-1-12	Leo/Northern @ Home
1600m- 1 <sup>st</sup> (5pts)	5:35.24	4-17-12	Westlake @ GM
1600m- 1 <sup>st</sup> (5pts)	5:36.04	4-24-12	LP/Hunt @ Home
1600m- 1 <sup>st</sup> (6pts)	5:37.74	3-27-12	Chop/Pax/ @ McD
3200m- 2 <sup>nd</sup> (8pts)	11:43.79	4-28-12	Howard County Inv.
3200m- 1 <sup>st</sup> (10pts)	11:41.19	5-10-12	SMAC
3200m 1 <sup>st</sup> (6pts)	11:53.87	4-11-12	Lackey/TS @ NP
3200m- 2 <sup>nd</sup> (8pts)	11:59.71	5-18-12	2A South Regionals
3200m- 1 <sup>st</sup> (5pts)	12:21.09	5-1-12	Leo/Northern @ Home
3200m- 1 <sup>st</sup> (6pts)	12:23.54	3-27-12	Chop/Pax/ @ McD
3200m- 1 <sup>st</sup> (5pts)	12:27.14	4-24-12	LP/Hunt @ Home
3200m- 1 <sup>st</sup> (5pts)	12:30.54	4-17-12	Westlake @ GM
5000m- 1 <sup>st</sup> (10pts)	19:43.04	3-31-12	Seahawk Invite

## McCormick, Marissa

Event	Time/Dist	Date	Meet
800m	2:50.84	5-1-12	Leo/Northern @ Home
800m-4 <sup>th</sup> (1pt)	2:59.64	4-17-12	Westlake @ GM
800m*	2:48.85*	5-18-12	2A South Regionals
800m- 2 <sup>nd</sup> (3pts)*	2:51.18*	4-24-12	LP/Hunt @ Home
1600m	6:37.08	4-11-12	Lackey/TS @ NP

# Plenty, Aleia

Event	Time/Dist	Date	Meet
100m	14.61	3-31-12	Seahawk Invite
100m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
200m	29.14	4-24-12	LP/Hunt @ Home
200m- 3 <sup>rd</sup> (6pts)*		5-18-12	2A South Regionals
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 8 <sup>th</sup> (1pt)*		3-31-12	Seahawk Invite
400m	1:10.84	4-17-12	Westlake @ GM
400m- 2 <sup>nd</sup> (3pts)*	1:18*	3-27-12	Chop/Pax/ @ McD

## Poelker, Mackenzie

Event	Time/Dist	Date	Meet
800m	3:02.04	5-1-12	Leo/Northern @ Home
800m- 1 <sup>st</sup> (5pts)*	2:52	4-17-12	Westlake @ GM
800m- 1 <sup>st</sup> (5pts)*	3:03*	3-27-12	Chop/Pax/ @ McD
1600m	6:36.19	4-28-12	Howard County Inv.
3200m	15:38.34	4-17-12	Westlake @ GM

## Rerig, Samantha

Event	Time/Dist	Date	Meet
800m	3:18.34	5-1-12	Leo/Northern @ Home
1600m	7:46.54	5-1-12	Leo/Northern @ Home

## Roberson, Amanda

Event	Time/Dist	Date	Meet
Discus	57-7	4-17-12	Westlake @ GM

#### Roth, Lauren

Event	Time/Dist	Date	Meet
400m	1:12.52	5-19-12	2A South Regionals
Long Jump	13-2	5-10-12	SMAC
Triple Jump- 5 <sup>th</sup> (1pt)	28-9.5	4-11-12	Lackey/TS @ NP

## Roy, Kendall,

Event	Time/Dist	Date	Meet
800m	3:04.54	4-24-12	LP/Hunt @ Home
1600m	6:52.14	5-1-12	Leo/Northern @ Home

## Sbrocco, Olivia

Event	Time/Dist	Date	Meet
400m- 4 <sup>th</sup> (1pt)	1:09.54	5-1-12	Leo/Northern @ Home
800m	2:44.18	5-10-12	SMAC
800m	2:47.74	4-24-12	LP/Hunt @ Home
800m- 3 <sup>rd</sup> (2pts)	2:50.74	4-17-12	Westlake @ GM
800m- 3 <sup>rd</sup> (1pt)*	2:46*	4-11-12	Lackey/TS @ NP
800m- 1 <sup>st</sup> (5pts)*	2:47*	4-17-12	Westlake @ GM
800m- 2 <sup>nd</sup> (3pts)*	2:49.04*	4-24-12	LP/Hunt @ Home
1600m	5:57.56	3-31-12	Seahawk Invite
1600m- 5 <sup>th</sup> (1pt)	6:07.30	4-11-12	Lackey/TS @ NP
1600m- 4 <sup>th</sup> (1pt)	6:13.44	4-24-12	LP/Hunt @ Home

## Sewell, Rodne't

Event	Time/Dist	Date	Meet
Discus	79-0	4-28-12	Howard County Inv.
Discus	60-5	4-17-12	Westlake @ GM
Shot Put- 5 <sup>th</sup> (4pts)	32-9	4-28-12	Howard County Inv.
Shot Put- 5 <sup>th</sup> (4pts)	30-8	5-10-12	SMAC
Shot Put- 1 <sup>st</sup> (5pts)	32-3	4-17-12	Westlake @ GM
Shot Put- 4 <sup>th</sup> (4pts)	31-2.5	5-19-12	2A South Regionals
Shot Put- 2 <sup>nd</sup> (3pts)	31-0	4-24-12	LP/Hunt @ Home
Shot Put- 2 <sup>nd</sup> (4pts )	30-10	4-11-12	Lackey/TS @ NP
Shot Put- 4 <sup>th</sup> (1pt)	30-7	5-1-12	Leo/Northern @ Home
Shot Put- 3 <sup>rd</sup> (3pts)	30-6.5	3-27-12	Chop/Pax/ @ McD

## Smith, Alexis

Event	Time/Dist	Date	Meet
100m- 3 <sup>rd</sup> (6pts)*		5-10-12	SMAC
100m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
100m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
100m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
100m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
200m- 3 <sup>rd</sup> (6pts)*		5-18-12	2A South Regionals
200m- 4 <sup>th</sup> (5pts)*		5-10-12	SMAC
200m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
200m- 1 <sup>st</sup> (5pts)*		4-17-12	Westlake @ GM
400m- 2 <sup>nd</sup> (3pts)*	1:04*	3-27-12	Chop/Pax/ @ McD
Long Jump- 3 <sup>rd</sup> (6pts)	17-02	5-10-12	SMAC
Long Jump- 2 <sup>nd</sup> (8pts)	15-10	5-19-12	2A South Regionals
Long Jump- 1 <sup>st</sup> (5pts)	15-5	4-24-12	LP/Hunt @ Home
Long Jump- 1 <sup>st</sup> (5pts)	15-4	4-17-12	Westlake @ GM
Long Jump- 3 <sup>rd</sup> (2pts)	14-3	5-1-12	Leo/Northern @ Home
Triple Jump- 1 <sup>st</sup> (6pts)	33-6	3-27-12	Chop/Pax/ @ McD
Triple Jump- 4 <sup>th</sup> (4pts)	33-2.0	5-18-12	2A South Regionals
Triple Jump- 6 <sup>th</sup> (3pts)	32-11.5	5-10-12	SMAC
Triple Jump- 1 <sup>st</sup> (5pts)	31-11	5-1-12	Leo/Northern @ Home
Triple Jump- 2 <sup>nd</sup> (3pts)	30-7.5	4-24-12	LP/Hunt @ Home

## Tonic, Madison

Event	Time/Dist	Date	Meet
200m	34.34	4-24-12	LP/Hunt @ Home
Discus	65-11	4-28-12	Howard County Inv.
Shot Put	24-8.75	4-11-12	Lackey/TS @ NP

#### Tonic, Sydney

Event	Time/Dist	Date	Meet
300m hurdles	55.67	5-19-12	2A South Regionals
200m	29.84	4-17-12	Westlake @ GM
200m- 8 <sup>th</sup> (1pt)*		3-31-12	Seahawk Invite
400m	1:29.64	4-24-12	LP/Hunt @ Home
High Jump- 3 <sup>rd</sup> (2pts)	4-10	5-1-12	Leo/Northern @ Home
High Jump- 3 <sup>rd</sup> (6pts)	4-8	5-19-12	2A South Regionals
High Jump- 1 <sup>st</sup> (5pts)	4-8	4-17-12	Westlake @ GM
High Jump- 5 <sup>th</sup> (1pt)	4-8	4-11-12	Lackey/TS @ NP

# Weems, Jasmine

Event	Time/Dist	Date	Meet
100m- 3 <sup>rd</sup> (6pts)*		5-10-12	SMAC
100m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
100m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
100m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
100m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
200m- 4 <sup>th</sup> (2pts)	29.14	3-27-12	Chop/Pax/ @ McD
200m- 3 <sup>rd</sup> (6pts)*		5-18-12	2A South Regionals
200m- 4 <sup>th</sup> (5pts)*		5-10-12	SMAC
200m- 1 <sup>st</sup> (5pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
200m- 1 <sup>st</sup> (5pts)*		4-17-12	Westlake @ GM
400m	1:08.85	4-11-12	Lackey/TS @ NP
400m- 2 <sup>nd</sup> (3pts)	1:09.34	4-17-12	Westlake @ GM
400m*	1:08.75*	5-10-12	SMAC

## Wentling, Alexandra

Event	Time/Dist	Date	Meet
800m	3:34.14	3-27-12	Chop/Pax/ @ McD
1600m	7:37.84	3-27-12	Chop/Pax/ @ McD

## White, Jasmine

Event	Time/Dist	Date	Meet
100m	14.19	5-10-12	SMAC
200m	29.84	4-24-12	LP/Hunt @ Home
200m- 8 <sup>th</sup> (1pt)*		3-31-12	Seahawk Invite
200m- 3 <sup>rd</sup> (1pt)*		4-11-12	Lackey/TS @ NP
400m	1:21.44	3-27-12	Chop/Pax/ @ McD

# Wigenton, Jamiya

Event	Time/Dist	Date	Meet
Discus	42-01	4-17-12	Westlake @ GM
Shot Put	19-5.0	4-24-12	LP/Hunt @ Home

## Yates, Courtney 36

Event	Time/Dist	Date	Meet
100m hurdles- 5 <sup>th</sup> (4pts)	17.01	5-10-12	SMAC
100m hurdles-2 <sup>nd</sup> (3pts)	17.04	5-1-12	Leo/Northern @ Home
100m hurdles- 1 <sup>st</sup> (5pts)	17.04	4-17-12	Westlake @ GM
100m hurdles-3 <sup>rd</sup> (2pts)	17.24	4-24-12	LP/Hunt @ Home
100m hurdles- 3 <sup>rd</sup> (3pts)	17.91	4-11-12	Lackey/TS @ NP
100m hurdles- 2 <sup>nd</sup> (4pts)	20.24	3-27-12	Chop/Pax/ @ McD
300m hurdles	52.70	5-19-12	2A South Regionals
300m hurdles- 3 <sup>rd</sup> (2pts)	56.04	4-17-12	Westlake @ GM
300m Hurdles- 1 <sup>st</sup> (6pts)	56.64	3-27-12	Chop/Pax/ @ McD
300m Hurdles-4 <sup>th</sup> (1pt)	58.94	4-24-12	LP/Hunt @ Home
High Jump- 2 <sup>nd</sup> (3pts)	4-8	4-17-12	Westlake @ GM
High Jump- 4 <sup>th</sup> (2pts)	4-8	4-11-12	Lackey/TS @ NP
Triple Jump	29-0	5-1-12	Leo/Northern @ Home
Triple Jump- 5 <sup>th</sup> (1pt)	27-6.75	3-27-12	Chop/Pax/ @ McD

#### Young, Casey

Event	Time/Dist	Date	Meet
Discus	53-7	4-17-12	Westlake @ GM

## Zimmerman, Rachael

Event	Time/Dist	Date	Meet
800m	3:37.01	4-11-12	Lackey/TS @ NP
1600m	7:59.54	4-24-12	LP/Hunt @ Home

#### **Top Relay Performances**

Event	Time/Dist	Date	Meet
4 x 100	51.57	5-10-12	SMAC
4 x 200	1:47.04	4-17-12	Westlake @ GM
4 x 400	4:20.62	4-11-12	Lackey/TS @ NP
4 x 800	10:53.52	4-11-12	Lackey/TS @ NP

# Calvert Indoor Track Personal Bests 2010 2011

## **BOYS**

(\*)= relay split; cannot be used for seeding

Italics = Unofficial Time; cannot be used for seeding

## Blankenship, Jordan

Event	Time/Dist	Date	Meet
800m	2:17.24	5-1-12	Leo/Northern @ Home
800m*	2:15*	4-28-12	Howard County Inv.
800m- 2 <sup>nd</sup> (3pts)*	2:16.40*	4-24-12	LP/Hunt @ Home
800m*	2:20*	3-31-12	Seahawk Invite
1600m	4:48.77	5-10-12	SMAC
1600m- 5 <sup>th</sup> (1pt)	5:00.64	3-27-12	Chop/Pax/ @ McD
3200m	10:42.20	4-11-12	Lackey/TS @ NP
3200m- 1 <sup>st</sup> (5pts)	10:55.34	4-24-12	LP/Hunt @ Home
3200m- 3 <sup>rd</sup> (3pts)	10:55.54	3-27-12	Chop/Pax/ @ McD
5000m- 5 <sup>th</sup> (4pts)	17:22.95	3-31-12	Seahawk Invite

#### Bonner, Denzil

Event	Time/Dist	Date	Meet
100m	13.04	3-27-12	Chop/Pax/ @ McD
200m	27.64	4-11-12	Lackey/TS @ NP

#### Bowlan, Evan

Event	Time/Dist	Date	Meet
110m hurdles- 3 <sup>rd</sup> (2pts)	18.34	5-1-12	Leo/Northern @ Home
300m hurdles	45.16	5-19-12	2A South Regionals
300m hurdles- 3 <sup>rd</sup> (2pts)	48.74	5-1-12	Leo/Northern @ Home
300m hurdles- 2 <sup>nd</sup> (4pts)	48.94	3-27-12	Chop/Pax/ @ McD
100m- 1 <sup>st</sup> (5pts)*		4-24-12	LP/Hunt @ Home
200m- 2 <sup>nd</sup> (3pts)*		5-1-12	Leo/Northern @ Home
400m*	1:02*	3-27-12	Chop/Pax/ @ McD
Long Jump	18-11.5	5-18-12	2A South Regionals

## Cagle, Devin

Event	Time/Dist	Date	Meet
110m hurdles	19.40	5-18-12	2A South Regionals
110m hurdles- 3 <sup>rd</sup> (2pts)	21.44	4-17-12	Westlake @ GM
300m Hurdles	49.20	5-19-12	2A South Regionals
Triple Jump	32-4	5-1-12	Leo/Northern @ Home

# Chase, Rayshawn

Event	Time/Dist	Date	Meet
100m	12.44	4-17-12	Westlake @ GM
200m	26.14	4-24-12	LP/Hunt @ Home
Long Jump	8-4	4-24-12	LP/Hunt @ Home

# Chase, Stanton

Event	Time/Dist	Date	Meet
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
400m	59.94	4-17-12	Westlake @ GM

#### Collins, Zachary

Event	Time/Dist	Date	Meet
Discus- 4 <sup>th</sup> (4pts)	131-5.0	5-19-12	2A South Regionals
Discus- 7 <sup>th</sup> (2pts)	127-4	5-10-12	SMAC
Discus- 1 <sup>st</sup> (5pts)	125-1.0	5-1-12	Leo/Northern @ Home
Discus- 3 <sup>rd</sup> (2pts)	124-7.5	4-24-12	LP/Hunt @ Home
Discus- 1 <sup>st</sup> (5pts)	124-4	4-17-12	Westlake @ GM
Discus- 3 <sup>rd</sup> (6pts)	121-06	3-31-12	Seahawk Invite
Discus- 3 <sup>rd</sup> (3pts)	117-02	4-11-12	Lackey/TS @ NP
Discus- 2 <sup>nd</sup> (4pts)	116-10	3-27-12	Chop/Pax/ @ McD
Shot Put- 4 <sup>th</sup> (1pt)	37-6.5	4-24-12	LP/Hunt @ Home
Shot Put- 1 <sup>st</sup> (5pts)	36-1	4-17-12	Westlake @ GM
Shot Put- 3 <sup>rd</sup> (3pt)	35-6.25	3-27-12	Chop/Pax/ @ McD

#### Curtis, Hunter

Event	Time/Dist	Date	Meet
800m	2:41.64	5-1-12	Leo/Northern @ Home
1600m	6:00.24	5-1-12	Leo/Northern @ Home

## Dang, Victor

Event	Time/Dist	Date	Meet
800m	2:22.94	4-24-12	LP/Hunt @ Home
1600m	5:23.24	3-31-12	Seahawk Invite
3200m	12:43.94	5-1-12	Leo/Northern @ Home

#### Gross, Keith

Event	Time/Dist	Date	Meet
100m- 1 <sup>st</sup> (5pts)*		4-24-12	LP/Hunt @ Home
200m	24.84	4-17-12	Westlake @ GM
200m- 2 <sup>nd</sup> (3pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
400m	56.32	5-10-12	SMAC
400m- 1 <sup>st</sup> (5pts)*	1:01*	3-27-12	Chop/Pax/ @ McD
Long Jump	18-08.50	5-10-12	SMAC
Long Jump- 2 <sup>nd</sup> (3pts)	18-01	4-17-12	Westlake @ GM
Long Jump- 3 <sup>rd</sup> (2pts)	18-0	4-24-12	LP/Hunt @ Home

## Gross, Phillip

Event	Time/Dist	Date	Meet
Discus	74-9	4-11-12	Lackey/TS @ NP
Shot Put	27-0	5-1-12	Leo/Northern @ Home

# Hare, John

Event	Time/Dist	Date	Meet
110m hurdles	21.04	4-24-12	LP/Hunt @ Home
300m hurdles	48.37		
300m Hurdles- 3 <sup>rd</sup> (2pts)	50.34	4-17-12	Westlake @ GM
800m	2:34.16	4-11-12	Lackey/TS @ NP
800m*	2:26*	3-27-12	Chop/Pax/ @ McD
1600m	5:25.54	4-17-12	Westlake @ GM
3200m	12:24.54	3-27-12	Chop/Pax/ @ McD
5000m	19:02.77	3-31-12	Seahawk Invite
Triple Jump	32-9	5-1-12	Leo/Northern @ Home

## Harley, Michael

Event	Time/Dist	Date	Meet
100m	12.74	4-17-12	Westlake @ GM
200m	26.84	5-1-12	Leo/Northern @ Home
Discus- 3 <sup>rd</sup> (2pts)	93-11	4-17-12	Westlake @ GM
Shot Put	31-11	5-1-12	Leo/Northern @ Home

#### Harris, Vondell

Event	Time/Dist	Date	Meet
Discus	66-10	3-31-12	Seahawk Invite
Shot Put	29-9	5-1-12	Leo/Northern @ Home

## Jones, Terry

Event	Time/Dist	Date	Meet
Shot Put	35-2.75	4-24-12	LP/Hunt @ Home

#### Jones, Tyrell

Event	Time/Dist	Date	Meet
Discus	78-2	3-31-12	Seahawk Invite
Shot Put	32-9.75	4-24-12	LP/Hunt @ Home

## Kruder, Nathaniel

Event	Time/Dist	Date	Meet
400m- 1 <sup>st</sup> (5pts)*	54.77*	5-1-12	Leo/Northern @ Home
400m- 1 <sup>st</sup> (5pts)*	54.85*	4-17-12	Westlake @ GM
400m-5 <sup>th</sup> (4pts)*	55.09*	5-10-12	SMAC
400m- 5 <sup>th</sup> (2pts)*	55.14*	5-19-12	2A South Regionals
400m- 1 <sup>st</sup> (5pts)*	55.29*	4-11-12	Lackey/TS @ NP
400m- 1 <sup>st</sup> (5pts)*	56.0*	3-27-12	Chop/Pax/ @ McD
400m- 2 <sup>nd</sup> (3pts)*	56.05*	4-24-12	LP/Hunt @ Home
800m- 2 <sup>nd</sup> (3pts)	2:05.94	4-24-12	LP/Hunt @ Home
800m- 6 <sup>th</sup> (3pts)*	2:05.98*	5-10-12	SMAC
800m- 6 <sup>th</sup> (1pt)*	2:07.97*	5-18-12	2A South Regionals
800m- 2 <sup>nd</sup> (4pts)	2:09.74	3-27-12	Chop/Pax/ @ McD
1600m	4:36.46	5-10-12	SMAC
1600m- 5 <sup>th</sup> (2pts)	4:40.86	5-19-12	2A South Regionals
1600m- 1 <sup>st</sup> (5pts)	4:47.34	5-1-12	Leo/Northern @ Home
1600m- 1 <sup>st</sup> (5pts)	4:48.54	4-24-12	LP/Hunt @ Home
1600m- 2 <sup>nd</sup> (4pts)	4:49.94	3-27-12	Chop/Pax/ @ McD
1600m- 4 <sup>th</sup> (2pts)	4:50.22	4-11-12	Lackey/TS @ NP
1600m- 6 <sup>th</sup> (3pts)	4:52.40	3-31-12	Seahawk Invite
3200m	10:18.08	5-10-12	SMAC
3200m- 1 <sup>st</sup> (5pts)	10:30.74	4-17-12	Westlake @ GM
3200m- 3 <sup>rd</sup> (2pts)	11:36.14	5-1-12	Leo/Northern @ Home

## Long, Austin

Event	Time/Dist	Date	Meet
Shot Put	33-4.5	4-11-12	Lackey/TS @ NP

#### MacWilliams, Andrew

Event	Time/Di	st Date	Meet
800m- 6 <sup>th</sup> (3pts	2:18*	5-10-12	SMAC
800m	2:16.94	5-1-12	Leo/Northern @ Home
1600m	4:57.90	5-10-12	SMAC

## McCloskey, Matt

Event	Time/Dist	Date	Meet
800m	2:47.54	5-1-12	Leo/Northern @ Home
1600m	6:22.94	5-1-12	Leo/Northern @ Home

#### McCullum, Jacob

Event	Time/Dist	Date	Meet
400m	1:01.41	3-31-12	Seahawk Invite
800m		5-1-12	Leo/Northern @ Home
800m	2:18.41	5-10-12	SMAC
800m	2:23.14	4-24-12	LP/Hunt @ Home
800m- 2 <sup>nd</sup> (3pts)*	2:21.02*	4-24-12	LP/Hunt @ Home
800m- 2 <sup>nd</sup> (3pts)*	2:22*	4-17-12	Westlake @ GM
1600m	5:23.64	3-27-12	Chop/Pax/ @ McD
3200m	13:05.44	5-1-12	Leo/Northern @ Home

## Morgan, Deontrae

Event	Time/Dist	Date	Meet
200m- 2 <sup>nd</sup> (3pts)*		3-27-12	Chop/Pax/ @ McD
400m- 1 <sup>st</sup> (5pts)	50.14	5-1-12	Leo/Northern @ Home
400m- 3 <sup>rd</sup> (6pts)	50.54	5-10-12	SMAC
400m- 2 <sup>nd</sup> (4pts)	51.19	4-11-12	Lackey/TS @ NP
400m- 1 <sup>st</sup> (5pts)	51.44	4-24-12	LP/Hunt @ Home
400m- 1 <sup>st</sup> (10pts)	51.80	3-31-12	Seahawk Invite
400m- 5 <sup>th</sup> (1pt)	53.74	3-27-12	Chop/Pax/ @ McD
400m- 1 <sup>st</sup> (5pts)*	49.99*	4-17-12	Westlake @ GM
400m- 1 <sup>st</sup> (5pts)*	50.07*	5-1-12	Leo/Northern @ Home
400m- 1 <sup>st</sup> (5pts)*	50.7*	3-27-12	Chop/Pax/ @ McD
400m- 5 <sup>th</sup> (2pts)*	50.98*	5-19-12	2A South Regionals
400m- 1 <sup>st</sup> (5pts)*	51.59*	4-11-12	Lackey/TS @ NP
400m-5 <sup>th</sup> (4pts)*	53.15*	5-10-12	SMAC
400m- 2 <sup>nd</sup> (3pts)*	53.32*	4-24-12	LP/Hunt @ Home
800m- 7 <sup>th</sup> (2pts)	2:05.10	4-28-12	Howard County Inv.
800m- 1 <sup>st</sup> (5pts)	2:05.44	4-24-12	LP/Hunt @ Home
800m- 4 <sup>th</sup> (4pts)	2:05.57	5-19-12	2A South Regionals
800m- 1 <sup>st</sup> (5pts)	2:07.24	4-17-12	Westlake @ GM
800m- 3 <sup>rd</sup> (3pts)	2:07.56	4-11-12	Lackey/TS @ NP
800m- 1 <sup>st</sup> (6pts)	2:08.64	3-27-12	Chop/Pax/ @ McD
800m- 2 <sup>nd</sup> (8pts)	2:08.74	3-31-12	Seahawk Invite
800m- 3 <sup>rd</sup> (2pts)	2:09.54	5-1-12	Leo/Northern @ Home
800m- 6 <sup>th</sup> (3pts)*	2:10.31*	5-10-12	SMAC
800m- 6 <sup>th</sup> (1pt)*	2:12.52*	5-18-12	2A South Regionals
1600- 2 <sup>nd</sup> (3pts)	4:48.64	4-17-12	Westlake @ GM

# Phillips, Sylvester

Event	Time/Dist	Date	Meet
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m	23.43	5-10-12	SMAC
200m- 4 <sup>th</sup> (1pt)	23.44	4-17-12	Westlake @ GM
200m- 3 <sup>rd</sup> (2pts)	24.14	5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> 3pts)*		4-24-12	LP/Hunt @ Home
200m- 2 <sup>nd</sup> (3pts)*		3-27-12	Chop/Pax/ @ McD
400m- 3 <sup>rd</sup> (3pts)	53.44	3-27-12	Chop/Pax/ @ McD
400m- 4 <sup>th</sup> (1pt)	56.14	4-17-12	Westlake @ GM
400m- 5 <sup>th</sup> (2pts)*	52.23*	5-19-12	2A South Regionals
400m- 5 <sup>th</sup> (4pts)*	52.91*	5-10-12	SMAC
400m- 2 <sup>nd</sup> (3pts)*	53.19*	4-24-12	LP/Hunt @ Home
400m- 1 <sup>st</sup> (5pts)*	54.09*	5-1-12	Leo/Northern @ Home
400m- 1 <sup>st</sup> (5pts)*	55.71*	4-11-12	Lackey/TS @ NP
400m- 1 <sup>st</sup> (5pts)*	55.0*	3-27-12	Chop/Pax/ @ McD
400m- 1 <sup>st</sup> (5pts)*	53.83*	4-17-12	Westlake @ GM
800m- 6 <sup>th</sup> (1pt)*	2:13.63*	5-18-12	2A South Regionals
800m*	2:12*	5-1-12	Leo/Northern @ Home
800m- 6 <sup>th</sup> (3pts)*	2:13.36*	5-10-12	SMAC

# Plenty, Mikhel

Event	Time/Dist	Date	Meet
100m- 1 <sup>st</sup> (5pts)*		4-24-12	LP/Hunt @ Home
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m	25.23	5-18-12	2A South Regionals
200m- 2 <sup>nd</sup> (3pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		3-27-12	Chop/Pax/ @ McD
200m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
400m	1:01.52	4-11-12	Lackey/TS @ NP
800m	2:38.14	4-17-12	Westlake @ GM
800m*	2:37*	3-31-12	Seahawk Invite

## Reid, Jason

Event	Time/Dist	Date	Meet
800m	2:23.74	5-1-12	Leo/Northern @ Home
800m*	2:24*	3-27-12	Chop/Pax/ @ McD
800m- 2 <sup>nd</sup> (3pts)*	2:24.63	4-24-12	LP/Hunt @ Home
800m- 2 <sup>nd</sup> (3pts)*	2:25*	4-17-12	Westlake @ GM
1600m	5:19.34	5-1-12	Leo/Northern @ Home

#### Ross, Ronald

Event	Time/Dist	Date	Meet
800m	3:10.94	4-17-12	Westlake @ GM
1600m	7:57.20	4-11-12	Lackey/TS @ NP

## Squires, Ben

Event	Time/Dist	Date	Meet
800m	2:11.14	5-10-12	SMAC
800m*	2:14*	5-1-12	Leo/Northern @ Home
800m- 2 <sup>nd</sup> (3pts)*	2:15*	4-28-12	Howard County Inv.

## Sutphin, Kyle

Event	Time/Dist	Date	Meet
400m	56.24	5-1-12	Leo/Northern @ Home
400m*- 5 <sup>th</sup> (4pts)*	55.21*	5-10-12	SMAC
400m- 1 <sup>st</sup> (5pts)*	55.52*	5-1-12	Leo/Northern @ Home
400m- 5 <sup>th</sup> (2pts)*	56.99*	5-19-12	2A South Regionals
400m- 1 <sup>st</sup> (5pts)*	57.06*	4-17-12	Westlake @ GM
400m- 2 <sup>nd</sup> (3pts)*	57.59*	4-24-12	LP/Hunt @ Home
400m- 1 <sup>st</sup> (5pts)*	58.68*	4-11-12	Lackey/TS @ NP
800m	2:23.99	4-11-12	Lackey/TS @ NP
800m*	2:18*	3-27-12	Chop/Pax/ @ McD
800m*	2:16*	4-28-12	Howard County Inv.
800m- 2 <sup>nd</sup> (3pts)*	2:21*	4-17-12	Westlake @ GM
800m- 2 <sup>nd</sup> (3pts)*	2:23.19*	4-24-12	LP/Hunt @ Home
Long Jump	16-5.0	4-28-12	Howard County Inv.

# Thomas, Detavious

Event	Time/Dist	Date	Meet
100m	12.50	4-28-12	Howard County Inv.
100m- 1 <sup>st</sup> (5pts)*		4-24-12	LP/Hunt @ Home
100m- 1 <sup>st</sup> (5pts)*		3-27-12	Chop/Pax/ @ McD
200m- 3 <sup>rd</sup> (2pts)	23.94	4-24-12	LP/Hunt @ Home
200m- 4 <sup>th</sup> (1pt0	24.34	5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		5-1-12	Leo/Northern @ Home
200m- 2 <sup>nd</sup> (3pts)*		4-24-12	LP/Hunt @ Home
200m- 2 <sup>nd</sup> (3pts)*		3-27-12	Chop/Pax/ @ McD
200m- 2 <sup>nd</sup> (3pts)*		4-17-12	Westlake @ GM
High Jump- 1 <sup>st</sup> (5pts)	6-2	4-24-12	LP/Hunt @ Home
High Jump- 1 <sup>st</sup> (5pts)	5-10	4-17-12	Westlake @ GM
High Jump- 2 <sup>nd</sup> (3pts)	5-8	5-1-12	Leo/Northern @ Home
High Jump- 3 <sup>rd</sup> (3pts)	5-4	3-27-12	Chop/Pax/ @ McD

#### Thompson, Brendon

Event	Time/Dist	Date	Meet
800m	2:24.24	4-17-12	Westlake @ GM
1600m	5:13.87	4-11-12	Lackey/TS @ NP
3200m- 4 <sup>th</sup> (1pt)	11:25.24	4-24-12	LP/Hunt @ Home
5000m	17:47.26	3-31-12	Seahawk Invite

## Truit, Andrew

Event	Time/Dist	Date	Meet
800m	2:42.27	4-11-12	Lackey/TS @ NP
1600m	5:52.89	4-11-12	Lackey/TS @ NP

## Walker, Zach

Event	Time/Dist	Date	Meet
800m	2:29.24	3-31-12	Seahawk Invite
1600m	5:27.44	4-17-12	Westlake @ GM

## White, Robert

Event	Time/Dist	Date	Meet
Discus- 4 <sup>th</sup> (1pt)	93-8	4-17-12	Westlake @ GM
Shot Put	39-3.5	5-10-12	SMAC
Shot Put- 2 <sup>nd</sup> (3pts)	35-7.25	4-17-12	Westlake @ GM

## Top Relay Performances

Event	Time/Dist	Date	Meet
4 x 100	46.24	4-17-12	Westlake @ GM
4 x 200	1:35.10	5-18-12	2A South Regionals
4 x 400	3:35.14	5-12-12	SMAC
4 x 800	8:48.96	5-10-12	SMAC