## Calvert Outdoor Track Personal Bests 2013

#### GIRLS

(\*)= relay split; cannot be used for seeding

Italics = Unofficial Time; cannot be used for seeding

### Alumuete, Anna

Event	Time/Dist	Date	Meet
200m	32.84	4/16/13	Westlake
800m	3:28.24	4/30/13	Northern
1600m	8:01.64	4/30/13	Northern

#### Aris, Hannah

Event	Time/Dist	Date	Meet
800m 5 <sup>th</sup> (1pt)	2:37.14	4/9/13	Calvert Home Meet
1600m- 2 <sup>nd</sup> (8pts)	5:25.28	5/18/13	2A South Region Championships
1600m 6 <sup>th</sup> (1pt)	5:28.80	4/13/13	Greater Latrobe/Hempfield Inv.
1600m- 1 <sup>st</sup> (5pts)	5:30.54	4/25/13	Patuxent
1600m 4 <sup>th</sup> (1pt)	5:32.34	4/30/13	Northern
1600m 2 <sup>nd</sup> (4pts)	5:35.04	4/9/13	Calvert Home Meet
3200m 2 <sup>nd</sup> (3pts)	11:54.74	4/23/13	LaPlata
3200m 4 <sup>th</sup> (5pts)	12:01.23	5/16/13	2A South Region Championships
3200m 5 <sup>th</sup> (4pts)	12:15.54	5/11/13	SMAC Championships
3200m 1st (5pts)	12:27.54	4/16/13	Westlake
5000m 4 <sup>th</sup> (5pts)	19:13.96	3/23/13	SouthRiver HS Seahawk Invite
400m* 8 <sup>th</sup> (1pt)*	1:08*	5/18/13	2A South Region Championships
400m* 6 <sup>th</sup> (1pt)*	1:08*	4/27/13	HoCo Spring Classic: Reservoir
400m* 2 <sup>nd</sup> (3pts)*	1:09*	4/23/13	LaPlata
400m* 2 <sup>nd</sup> (3pts)*	1:09.70*	4/25/13	Patuxent
400m* 2 <sup>nd</sup> (3pts)*	1:10*	4/16/13	Westlake
800m* 1 <sup>st</sup> (5pts)*	2:34*	4/16/13	Westlake
800m* 1st (5pts)*	2:35.32*	4/23/13	LaPlata

### Brooks, Bria

Event	Time/Dist	Date	Meet
100m	14.14	4/9/13	Calvert Home Meet
200m	29.34	4/25/13	Patuxent
Long Jump 4 <sup>th</sup> (2pts)	14-08	4/9/13	Calvert Home Meet
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m* 2 <sup>nd</sup> (3pts)*		4/30/13	Northern

#### Brown, Natalie

Event	Time/Dist	Date	Meet
800m	3:15.14	4/25/13	Patuxent
1600m	6:48.84	4/25/13	Patuxent
3200m	15:02.14	4/23/13	LaPlata

## Bowman, Bianca

Event	Time/Dist	Date	Meet
200m	30.94	4/25/13	Patuxent
400m	1:14.24	4/25/13	Patuxent
Triple Jump	24-02.5	4/9/13	Calvert Home Meet
200m* 2 <sup>nd</sup> (3pts)*		4/30/13	Northern
400m*	1:15*	4/30/13	Northern

## Campbell, Addie

Event	Time/Dist	Date	Meet
Discus	43-11	4/25/13	Patuxent
Shot Put	19-00	4/25/13	Patuxent

#### Capps, Abby

Event	Time/Dist	Date	Meet
400m	1:24.24	4/30/13	Northern
800m	3:28.44	4/16/13	Westlake
100m hurdles	22.04	4/25/13	Patuxent
300m hurdles	1:07.54	4/23/13	LaPlata

### Cockrell, Aly

Event	Time/Dist	Date	Meet
Discus	45-05	3/23/13	SouthRiver HS Seahawk Invite
Shot Put	24-0	5/11/13	SMAC Championships

## Donaldson, Shannon

Event	Time/Dist	Date	Meet
100m hurdles	27.24	4/9/13	Calvert Home Meet
300m hurdles	1:10.74	4/9/13	Calvert Home Meet

## Ellison, Claire

Event	Time/Dist	Date	Meet
800m	3:36.14	4/16/13	Westlake

## Embry, Genevieve

Event	Time/Dist	Date	Meet
800m 2 <sup>nd</sup> (4pts)	2:46.44	4/25/13	Patuxent
1600m	7:11.94	4/30/13	Northern
800m*	3:01.26*	4/13/13	Greater Latrobe/Hempfield Inv.

## Emerson, Alexus

Event	Time/Dist	Date	Meet
100m	14.14	4/25/13	Patuxent
200m	30.54	4/25/13	Patuxent
400m	1:12.24	4/16/13	Westlake
High Jump	4-4	5/09/13	SMAC Championships
100m* 2 <sup>nd</sup> (3pts)*		4/30/13	Northern
100* 6 <sup>th</sup> (3pts)*		5/18/13	2A South Region Championships

### Emory, Christina

Event	Time/Dist	Date	Meet
800m	2:59.64	4/30/13	Northern
1600	6:26.27	3/23/13	SouthRiver HS Seahawk Invite
Long Jump	12-0	3/23/13	SouthRiver HS Seahawk Invite

## Graves, Adajia

Event	Time/Dist	Date	Meet
100m	14.24	4/30/13	Northern
200m	30.14	4/25/13	Patuxent
200m* 2 <sup>nd</sup> (3pts)*		4/30/13	Northern
400m*	1:13*	4/30/13	Northern

### Graves, Tyler

Event	Time/Dist	Date	Meet
200m	31.74	4/16/13	Westlake
400m	1:09.14	4/9/13	Calvert Home Meet
Long Jump	14-04.5	4/27/13	HoCo Spring Classic: Reservoir
Long Jump 8 <sup>th</sup> (1pt)	14-01	5/18/13	2A South Region Championships
Long Jump 3 <sup>rd</sup> (2pts)	12-11	4/16/13	Westlake
Triple Jump 8 <sup>th</sup> (1pt)	31-2.50	5/09/13	SMAC Championships
Triple Jump 3 <sup>rd</sup> (3pts)	30-10.00	4/25/13	Patuxent
Triple Jump 3 <sup>rd</sup> (2pts)	30-09.75	4/23/13	LaPlata
Triple Jump 5 <sup>th</sup> (1pt)	30-4.5	4/13/13	Greater Latrobe/Hempfield Inv.
Triple Jump 2 <sup>nd</sup> (3pts)	30-03	4/16/13	Westlake
Triple Jump 2 <sup>nd</sup> (3pts)	29-06	4/30/13	Northern
400m* 2 <sup>nd</sup> (3pts)*	1:06*	4/23/13	LaPlata
400m* 2 <sup>nd</sup> (3pts)*	1:07.47*	4/25/13	Patuxent
400m* 8 <sup>th</sup> (1pt)*	1:08*	5/18/13	2A South Region Championships
400m* 6 <sup>th</sup> (1pt)*	1:09*	4/27/13	HoCo Spring Classic: Reservoir
400m* 2 <sup>nd</sup> (3pts)*	1:10*	4/16/13	Westlake
400m- 2 <sup>nd</sup> (3pt)*	1:12.54*	4/30/13	Northern
800m* 1 <sup>st</sup> (5pts)*	2:51*	4/25/13	Patuxent

### Gonzalez, Iris

Event	Time/Dist	Date	Meet
800m	3:09.94	4/9/13	Calvert Home Meet
1600m-5 <sup>th</sup> (1pt)	6:48.44	4/25/13	Patuxent
100m hurdles	22.14	4/25/13	Patuxent
300m hurdles	1:05.34	4/25/13	Patuxent

## Herber, Carly

Event	Time/Dist	Date	Meet
100m Hurdles	22.64	4/25/13	Patuxent
300m Hurdles	1:07.44	4/23/13	LaPlata
200m	36.64	4/30/13	Northern

#### Hite, Elizabeth

Event	Time/Dist	Date	Meet
800m	2:43.09	5/11/13	SMAC Championships
1600m 3 <sup>rd</sup> (2pt)	5:55.24	4/16/13	Westlake
3200m 5 <sup>th</sup> (4pts)	12:15.00	5/16/13	2A South Region Championships
3200m 6 <sup>th</sup> (3pts)	12:17.10	5/11/13	SMAC Championships
3200m 1 <sup>st</sup> (5pts)	12:23.84	4/30/13	Northern
3200m 1 <sup>st</sup> (6pt)	13:07.24	4/9/13	Calvert Home Meet
100m hurdles	18.64	4/30/13	Northern
100m Hurdles	19.10	5/18/13	2A South Region Championships
100m Hurdles 2 <sup>nd</sup> (3pts)	19.24	4/16/13	Westlake
300m Hurdles	53.20	5/18/13	2A South Region Championships
300m hurdles 2 <sup>nd</sup> (3pts)	55.04	4/9/13	Calvert Home Meet
300m hurdles – 2 <sup>nd</sup> (4pts)	55.24	4/25/13	Patuxent
800* 3 <sup>rd</sup> (2pts)*		4/9/13	Calvert Home Meet

### Hite, Brianna

Event	Time/Dist	Date	Meet
800m	2:47.84	4/9/13	Calvert Home Meet
1600m	5:55.44	4/30/13	Northern
3200m 2 <sup>nd</sup> (3pts)	13:21.84	4/16/13	Westlake
300m hurdles	56.64	4/30/13	Northern
Triple Jump	29-07	4/9/13	Calvert Home Meet
Triple Jump- 5 <sup>th</sup> (1pt)	28-10	4/25/13	Patuxent
Triple Jump 3 <sup>rd</sup> (2pts)	28-03	4/16/13	Westlake
800m* 6 <sup>th</sup> (3pts)*	2:38.91*	5/16/13	2A South Region Championships
800m* 1 <sup>st</sup> (5pts)*	2:43.44*	4/23/13	LaPlata
800m* 7 <sup>th</sup> (2pt)*	2:44.86*	5/09/13	SMAC Championships
800m* 1st (5pts)*	2:45*	4/16/13	Westlake
800m* 1 <sup>st</sup> (5pts)*	2:49*	4/25/13	Patuxent
800m* 3 <sup>rd</sup> (2pts)*		4/9/13	Calvert Home Meet

### Honeycutt, Cameron

Event	Time/Dist	Date	Meet
400m	1:05.54	4/16/13	Westlake
800 meter	2:49.71	4/13/13	Greater Latrobe/Hempfield Inv.
400m* 8 <sup>th</sup> (1pt)*	1:12*	5/18/13	2A South Region Championships
400m* 2 <sup>nd</sup> (3pts)*	1:14.12*	4/25/13	Patuxent
800m* 1 <sup>st</sup> (5pts)*	2:45*	4/25/13	Patuxent
800m* 7 <sup>th</sup> (2pts)*	2:48.60*	5/09/13	SMAC Championships
800m* 1 <sup>st</sup> (5pts)*	2:48*	4/16/13	Westlake
800m* 6 <sup>th</sup> (3pts)*	2:49.58*	5/16/13	2A South Region Championships
800m* 3 <sup>rd</sup> (2pts)*		4/9/13	Calvert Home Meet

### Hunter, Ariana

Event	Time/Dist	Date	Meet
100m	16.14	4/30/13	Northern
200m	34.04	4/25/13	Patuxent
Discus	71-02	4/27/13	HoCo Spring Classic: Reservoir
Discus 4 <sup>th</sup> (2pts)	61-04	4/25/13	Patuxent
Discus 3 <sup>rd</sup> (2pts)	60-05	4/16/13	Westlake
Discus 4 <sup>th</sup> (2pts)	54-03.5	4/9/13	Calvert Home Meet
Shot Put 4th (2pts)	24-08	4/25/13	Patuxent

## Hutchins, Kailyn

Event	Time/Dist	Date	Meet
100m	15.34	4/16/13	Westlake
Long Jump	10-08.5	4/25/13	Patuxent
Triple Jump	25-00	4/13/13	Greater Latrobe/Hempfield Inv.
100* 6th (3pts)*		5/18/13	2A South Region Championships

## Jahed, Ashley

Event	Time/Dist	Date	Meet
800m	2:58.03	4/13/13	Greater Latrobe/Hempfield Inv.
1600m	6:43.44	4/23/13	LaPlata

#### Mackinnon, Gina

Event	Time/Dist	Date	Meet
200m	33.28	4/13/13	Greater Latrobe/Hempfield Inv.
400m	1:09.04	4/30/13	Northern
800m	3:25.04	4/9/13	Calvert Home Meet

#### Marquez, Izamar

Event	Time/Dist	Date	Meet
Shot Put	14-04	4/9/13	Calvert Home Meet
Discus	43-05	3/23/13	SouthRiver HS Seahawk Invite

## Mattson, Courtney

Event	Time/Dist	Date	Meet
800m 5 <sup>th</sup> (4pts)	2:30.08	5/18/13	2A South Region Championships
800m 3 <sup>rd</sup> (2pts)	2:32.64	4/30/13	Northern
800m 1 <sup>st</sup> (5pts)	2:34.14	4/25/13	Patuxent
800m 2 <sup>nd</sup> (3pts)	2:39.14	4/16/13	Westlake
1600m 3 <sup>rd</sup> (6pts)	5:26.46	5/18/13	2A South Region Championships
1600m 3 <sup>rd</sup> (2pts)	5:28.94	4/30/13	Northern
1600m 5 <sup>th</sup> (4pts)	5:29.21	5/11/13	SMAC Championships
1600m 2 <sup>nd</sup> (4pts)	5:37.24	4/16/13	Westlake
1600m 3 <sup>rd</sup> (3pts)	5:54.04	4/9/13	Calvert Home Meet
3200m 3 <sup>rd</sup> (6pts)	11:51.82	4/27/13	HoCo Spring Classic: Reservoir
3200m 1st (5pts)	11:51.94	4/23/13	LaPlata
3200m 2 <sup>nd</sup> (8pts)	11:54.53	5/11/13	SMAC Championships
3200m 3 <sup>rd</sup> (6pts)	11:59.24	5/16/13	2A South Region Championships
3200m 2 <sup>nd</sup> (4pts)	13:30.74	4/9/13	Calvert Home Meet
5000m 3 <sup>rd</sup> (6pts)	19:07.63	3/23/13	SouthRiver HS Seahawk Invite
400m* 2 <sup>nd</sup> (3pts)*	1:09*	4/16/13	Westlake
400m- 2 <sup>nd</sup> (3pts)*	1:09.13*	4/30/13	Northern
400m* 8 <sup>th</sup> (1pt)*	1:10*	5/18/13	2A South Region Championships
400m* 2 <sup>nd</sup> (3pts)*	1:10*	4/23/13	LaPlata
800m* 1st (5pts)*	2:32.98*	4/23/13	LaPlata
800m*	2:36*	3/23/13	SouthRiver HS Seahawk Invite
800m* 1st (5pts)*	2:44*	4/25/13	Patuxent

### McCloskey, Samantha

Event	Time/Dist	Date	Meet
Discus	62-09	4/27/13	HoCo Spring Classic: Reservoir
Discus- 5 <sup>th</sup> (1pt)	59-08	4/25/13	Patuxent
Shot Put 4 <sup>th</sup> (1pt)	22-08	4/16/13	Westlake
Shot Put 4 <sup>th</sup> (1pt)	22-08	4/30/13	Northern

## McCormick, Marisa

Event	Time/Dist	Date	Meet
800m 5 <sup>th</sup> (1pt)	2:52.24	4/25/13	Patuxent
1600m	6:08.94	4/13/13	Greater Latrobe/Hempfield Inv.
1600m- 3 <sup>rd</sup> (3pts)	6:24.44	4/25/13	Patuxent
3200m	15:01.84	4/16/13	Westlake
800m* 1 <sup>st</sup> (5pts)	2:46*	4/16/13	Westlake
800m*	2:51*	3/23/13	SouthRiver HS Seahawk Invite

#### Nicholes, Simone

Event	Time/Dist	Date	Meet
Discus	42-04	4/30/13	Northern
Shot Put	20-08	4/30/13	Northern

## O'Brien, Cassidy

Event	Time/Dist	Date	Meet
800m	2:55.34	4/9/13	Calvert Home Meet
1600m	6:29.74	4/23/13	LaPlata
3200m 4 <sup>th</sup> (2pts)	13:52.24	4/25/13	Patuxent
3200m 4 <sup>th</sup> (1pt)	14:23.34	4/16/13	Westlake

## Plenty, Aleia

Event	Time/Dist	Date	Meet
200m	28.52	3/23/13	SouthRiver HS Seahawk Invite
200m 5 <sup>th</sup> (1pt)	29.24	4/25/13	Patuxent
400m	1:10.54	4/30/13	Northern
100m* 1st (5pts)*		4/30/13	Northern
200m* 1st (5pts)*	29.12*	4/16/13	Westlake
100m* 1st (5pts)*		4/23/13	LaPlata
200m* 7 <sup>th</sup> (2pts)*		5/11/13	SMAC Championships

### Porter, Emily

Event	Time/Dist	Date	Meet
100m hurdles 4th (1pt)	18.74	4/23/13	LaPlata
100m Hurdles 3 <sup>rd</sup> (2pts)	19.34	4/16/13	Westlake
100m hurdles 4th (2pts)	19.54	4/9/13	Calvert Home Meet
300m hurdles	56.42	3/23/13	SouthRiver HS Seahawk Invite
300m Hurdles 4 <sup>th</sup> (1pt)	58.64	4/16/13	Westlake
100m	15.24	4/16/13	Westlake
200m	32.54	4/30/13	Northern
400m	1:12.64	4/16/13	Westlake
200m* 7 <sup>th</sup> (2pts)*		5/11/13	SMAC Championships

## Porter, Liane.

Event	Time/Dist	Date	Meet
400m	1:04.74	4/9/13	Calvert Home Meet
800m 2 <sup>nd</sup> (8pts)	2:24.88	5/18/13	2A South Region Championships
800m 2 <sup>nd</sup> (8pts)	2:25.07	3/23/13	SouthRiver HS Seahawk Invite
800m 2 <sup>nd</sup> (3pts)	2:29.94	4/30/13	Northern
800m 5 <sup>th</sup> (2pts)	2:29.22	4/13/13	Greater Latrobe/Hempfield Inv.
800m 2 <sup>nd</sup> (3pts)	2:31.04	4/23/13	LaPlata
800m 1 <sup>st</sup> (5pts)	2:32.94	4/16/13	Westlake
1600m 1st (5pts)	5:32.34	4/16/13	Westlake
400m* 6 <sup>th</sup> (1pt)*	1:04*	4/27/13	HoCo Spring Classic: Reservoir
400m 2 <sup>nd</sup> (3pts)*	1:05.26*	4/30/13	Northern
800m* 6 <sup>th</sup> (3pts)*	2:27.25*	5/16/13	2A South Region Championships
800m* 7 <sup>th</sup> (2pts)*	2:27.23*	5/09/13	SMAC Championships

### Rakes, Brianna

Event	Time/Dist	Date	Meet
800m	3:31.44	4/16/13	Westlake

# Roth, Julia

Event	Time/Dist	Date	Meet
400m	1:09.74	4/16/13	Westlake
100m hurdles	19.77	5/09/13	SMAC Championships
100m hurdles- 4 <sup>th</sup> (2pts)	19.84	4/25/13	Patuxent
300m hurdles	53.30	5/18/13	2A South Region Championships
300m hurdles- 2 <sup>nd</sup> (4pts)	54.34	4/25/13	Patuxent
300m Hurdles 3 <sup>rd</sup> (2pts)	56.14	4/16/13	Westlake
400m* 2 <sup>nd</sup> (3pts)*	1:09.41*	4/25/13	Patuxent
400m* 2 <sup>nd</sup> (3pts)*	1:12*	4/23/13	LaPlata

## Roth, Lauren

Event	Time/Dist	Date	Meet
400m	1:11.84	4/16/13	Westlake
Long Jump	13-03	5/11/13	SMAC Championships
Long Jump 4 <sup>th</sup> (1pt)	12-06.75	4/16/13	Westlake
Triple Jump 4 <sup>th</sup> (1pt)	26-06.5	4/23/13	LaPlata
Triple Jump 3 <sup>rd</sup> (2pts)	26-04	4/30/13	Northern

#### Saxty, Kristen

Event	Time/Dist	Date	Meet
800m	3:14.24	4/23/13	LaPlata
1600m	7:10.24	4/25/13	Patuxent

#### Sbrocco, Olivia

Event	Time/Dist	Date	Meet
400m	1:10.15	3/23/13	SouthRiver HS Seahawk Invite
800m	2:51.34	4/23/13	LaPlata
800m- 4 <sup>th</sup> (2pts)	2:51.64	4/25/13	Patuxent
1600m	6:11.04	4/30/13	Northern
3200m 3 <sup>rd</sup> (2pts)	13:26.44	4/16/13	Westlake
400m* 2 <sup>nd</sup> (3pts)*	1:15	4/16/13	Westlake
800m* 7 <sup>th</sup> (2pts)*	2:49.25*	5/09/13	SMAC Championships
800m* 6 <sup>th</sup> (3pts)*	2:50.34*	5/16/13	2A South Region Championships
800m* 1st (5pts)*	2:54.54*	4/23/13	LaPlata
800m* 3 <sup>rd</sup> (2pts)*		4/9/13	Calvert Home Meet

### Smith, Alexis

Event	Time/Dist	Date	Meet
Long Jump 4 <sup>th</sup> (5pts)	16-11	5/11/13	SMAC Championships
Long Jump 1 <sup>st</sup> (10pts)	16-08	5/18/13	2A South Region Championships
Long Jump- 1 <sup>st</sup> (5pts)	16-03.0	4/25/13	Patuxent
Long Jump 2 <sup>nd</sup> (3pts)	16-00.50	4/23/13	LaPlata
Long Jump- 1 <sup>st</sup> (5pts)	15-08	4/30/13	Northern
Long Jump 2 <sup>nd</sup> (4 <sup>th</sup> )	15-7.5	4/9/13	Calvert Home Meet
Long Jump 1st (5pts)	15-03.5	4/16/13	Westlake
Triple Jump 2 <sup>nd</sup> (8pts)	34-9.75	5/09/13	SMAC Championships
Triple Jump 6 <sup>th</sup> (3pts)	34-02.5	5/16/13	2A South Region Championships
Triple Jump 1st (5pts)	33-06	4/23/13	LaPlata
Triple Jump 2 <sup>nd</sup> (4pts)	33-05.5	4/9/13	Calvert Home Meet
Triple Jump 1st (5pts)	32-07	4/16/13	Westlake
Triple Jump- 1 <sup>st</sup> (5pts)	32-4.50	4/25/13	Patuxent
Triple Jump- 1st (5pts)	31-10	4/30/13	Northern
100m* (5pts)*		4/30/13	Northern
100m* 1 <sup>st</sup> (5pts)*		4/23/13	LaPlata
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m* 1 <sup>st</sup> (5pts)*	26.86*	4/16/13	Westlake
200m* 7 <sup>th</sup> (2pts)*		5/11/13	SMAC Championships
400m 3 <sup>rd</sup> (2pts)*	1:02.24*	4/23/13	LaPlata
400m- 6 <sup>th</sup> (1pt)*	1:04*	4/27/13	HoCo Spring Classic: Reservoir
400m- 2 <sup>nd</sup> (3pts)*	1:07.44*	4/30/13	Northern

### Stewart, Carli

Event	Time/Dist	Date	Meet
800m 3 <sup>rd</sup> (2pts)	2:43.74	4/23/13	LaPlata
800m 3 <sup>rd</sup> (2pts)	2:45.44	4/16/13	Westlake
1600m	5:48.36	4/27/13	HoCo Spring Classic: Reservoir
1600m 4 <sup>th</sup>	5:55.64	4/9/13	Calvert Home Meet
1600m 1st (5pts)	5:57.34	4/23/13	LaPlata
3200m- 3 <sup>rd</sup> (2pts)	12:39.84	4/30/13	Northern
3200m – 1 <sup>st</sup> (5pt)	12:43.54	4/25/13	Patuxent
800m*	2:43*	3/23/13	SouthRiver HS Seahawk Invite

### St. Thomas, Mariah

Event	Time/Dist	Date	Meet
Discus	49-10.5	4/30/13	Northern
Shot Put	19-02.5	4/16/13	Westlake

### Thomas, Daijha

Event	Time/Dist	Date	Meet
100m	13.64	4/9/13	Calvert Home Meet
Discus 5 <sup>th</sup> (4pts)	93-08	5/16/13	2A South Region Championships
Discus- 7 <sup>th</sup> (2pts)	83-11	5/11/13	SMAC Championships
Discus- 1st (5pts)	77-07.5	4/30/13	Northern
Discus- 3 <sup>rd</sup> (3pts)	68-10	4/25/13	Patuxent
Discus 1 <sup>st</sup> (5pts)	64-02	4/16/13	Westlake
Discus 3 <sup>rd</sup> (3pts)	59-7.05	4/9/13	Calvert Home Meet
Shot Put- 4 <sup>th</sup> (4pts)	33-10	4/27/13	HoCo Spring Classic: Reservoir
Shot Put- 1st (5pts)	32-07.0	4/25/13	Patuxent
Shot Put 3 <sup>rd</sup> (6pts)	32-03	5/11/13	SMAC Championships
Shot Put 1st (5pts)	31-03	4/16/13	Westlake
Shot Put 4 <sup>th</sup> (1pt)	30-11	4/23/13	LaPlata
100m* 1 <sup>st</sup> (5pts)*		4/23/13	LaPlata
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m*	27.02*	4/23/13	LaPlata
200m* 1 <sup>st</sup> (5pts)*	27.91*	4/16/13	Westlake
200m* 7 <sup>th</sup> (2pt)*		5/11/13	SMAC Championships

#### Tonic, Madison

Event	Time/Dist	Date	Meet
Shot Put 2 <sup>nd</sup> (3pts)	30-01	4/16/13	Westlake
Shot Put- 3 <sup>rd</sup> (2pts)	28-10	4/30/13	Northern
Shot Put 2 <sup>nd</sup> (4pts)	28-09	4/9/13	Calvert Home Meet
Shot Put 3 <sup>rd</sup> (3pts)	25-02.0	4/25/13	Patuxent
Discus	64-00	4/30/13	Northern

### Tonic, Sydney

Event	Time/Dist	Date	Meet
100m hurdles	22.64	4/9/13	Calvert Home Meet
300m Hurdles	57.22	3/23/13	SouthRiver HS Seahawk Invite
300m hurdles	58.94	4/23/13	LaPlata
300m hurdles- 4th (2pts)	1:00.84	4/25/13	Patuxent
200m	30.07	5/09/13	SMAC Championships
400m	1:21.94	4/25/13	Patuxent
High Jump- 2 <sup>nd</sup> (3pts)	4-08	4/30/13	Northern
High Jump 2 <sup>nd</sup> (3pts)	4-8	4/16/13	Westlake
High Jump 8 <sup>th</sup> (1pt)	4-6	5/09/13	SMAC Championships
High Jump 3 <sup>rd</sup> (6pts)	4-5	5/18/13	2A South Region Championships
High Jump- 1 <sup>st</sup> (5pts)	4-4	4/25/13	Patuxent
High Jump 2 <sup>nd</sup> (3pts)	4-4	4/23/13	LaPlata
100* 6 <sup>th</sup> (3pts)*		5/18/13	2A South Region Championships
200m*	29.95*	4/23/13	LaPlata

#### Von Nessen, Sarah

Event	Time/Dist	Date	Meet
200m	31.24	4/30/13	Northern
Discus	45-00	4/16/13	Westlake
Shot Put	17-05	4/13/13	Greater Latrobe/Hempfield Inv.

### White, Jasmine

Event	Time/Dist	Date	Meet
100 meter hurdles	22.94	4/9/13	Calvert Home Meet
100m 4 <sup>th</sup> (1pt)	14.24	4/23/13	LaPlata
200m	29.80		
400m	1:16.34	4/16/13	Westlake
100m*- 1 <sup>st</sup> (5pts)*		4/30/13	Northern
100* 6 <sup>th</sup> (3pts)*		5/18/13	2A South Region Championships
100m* 1 <sup>st</sup> (5pts)*		4/23/13	LaPlata
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m* 1st (5pts)*	29.71*	4/16/13	Westlake

### Woollen, Clare

Event	Time/Dist	Date	Meet
100m hurdles	21.34	5/09/13	SMAC Championships
100 m hurdles- 5 <sup>th</sup> (1pt)	21.54	4/30/13	Northern
100 m hurdles- 5 <sup>th</sup> (1pt)	21.64	4/25/13	Patuxent
300m Hurdles	1:04.94	4/23/13	LaPlata
400m	1:24.84	4/30/13	Northern

### Young, Casey

Event	Time/Dist	Date	Meet
800m	3:01.74	4/16/13	Westlake
1600m	6:55.04	4/30/13	Northern

# **Top Relay Performances**

Event	Time/Dist	Date	Meet
4 x 100	51.34	4/30/13	Northern
4 x 200	1:53.74	4/16/13	Westlake
4 x 400	4:25.34	2/27/13	HoCo Spring Classic
4 x 800	10:45.74	4/24/13	LaPlata

## Calvert Outdoor Track Personal Bests 2013

#### **BOYS**

(\*)= relay split; cannot be used for seeding

Italics = Unofficial Time; cannot be used for seeding

### Bell, Josh

Event	Time/Dist	Date	Meet
800m	2:46.94	4/30/13	Northern
1600m	6:00.34	4/30/13	Northern

### Blankenship, Jordan

Event	Time/Dist	Date	Meet
400m	59.24	4/25/13	Patuxent
800m	2:12.64	4/16/13	Westlake
800m- 3 <sup>rd</sup> (3pt)	2:13.44	4/25/13	Patuxent
1600m 1 <sup>st</sup> (5pts)	4:42.34	4/23/13	LaPlata
1600m 5 <sup>th</sup> (4pts)	4:44.40	5/18/13	2A South Region Championships
3200m	10:29.12	4/27/13	HoCo Spring Classic: Reservoir
3200m	10:52.70	4/13/13	Greater Latrobe/Hempfield Inv.
3200m 7 <sup>th</sup> (2pts)	11:01.31	5/16/12	2A South Region Championships
3200m 3 <sup>rd</sup> (3pts)	11:18.34	4/9/13	Calvert Home Meet
5000m 8th (1pt)	16:59.06	3/23/13	SouthRiver HS Seahawk Invite
400m*	1:03.33*	4/16/13	Westlake
800m*	2:08.01*	4/30/13	Northern
800m* 7 <sup>th</sup> (2pts)*	2:14.69*	5/16/13	2A South Region Championships
800m* 1 <sup>st</sup> (5pts)*	2:17.80*	4/16/13	Westlake

#### Cousino, Zachary

Event	Time/Dist	Date	Meet
800m	2:40.63	4/13/13	Greater Latrobe/Hempfield Inv.
1600m	5:30.04	4/30/13	Northern
3200m	11:59.83	5/16/13	2A South Region Championships

### Dilley, Steven

Event	Time/Dist	Date	Meet
800m	2:57.54	4/30/13	Northern

### Edmunds, Cameron

Event	Time/Dist	Date	Meet
100m 2 <sup>nd</sup> (3pts)	11.24	4/23/13	LaPlata
100m- 2 <sup>nd</sup> (3pts)	11.24	4/30/13	Northern
100m 4 <sup>th</sup> (2pts)	11.44	4/9/13	Calvert Home Meet
100m 4 <sup>th</sup> (2pts)	11.64	4/25/13	Patuxent
100m 2 <sup>nd</sup> (3pts)	11.84	4/16/13	Westlake
100m 8 <sup>th</sup> (1pt)	11.90	5/18/13	2A South Region Championships
200m	23.13	5/09/13	SMAC Championships
200m 2 <sup>nd</sup> (3pts)	23.14	4/23/13	LaPlata
200m 3 <sup>rd</sup> (3pts)	23.24	4/25/13	Patuxent
200m 2 <sup>nd</sup> (3pts)	23.54	4/30/13	Northern
200m 1st (5pts)	23.64	4/16/13	Westlake
200m 6 <sup>th</sup> (1pt)	23.77	4/13/13	Greater Latrobe/Hempfield Inv.
200m- 6 <sup>th</sup> (1pt)	23.86	4/27/13	HoCo Spring Classic: Reservoir
400m	53.82	4/13/13	Greater Latrobe/Hempfield Inv.
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m* 2 <sup>nd</sup> (3pts)*	22.65*	4/25/13	Patuxent
200m* 8 <sup>th</sup> (1pt)*		5/16/13	2A South Region Championships

### Goldsmith, James

Event	Time/Dist	Date	Meet
800m	2:43.34	4/25/13	Patuxent
1600m	6:12.24	4/30/13	Northern

### Harley, Michael

Event	Time/Dist	Date	Meet
Shot Put 8 <sup>th</sup> (1pt)	39-11.5	5/16/13	2A South Region Championships
Shot Put	39-8.50	5/09/13	SMAC Championships
Shot Put 5 <sup>th</sup> (4pts)	38-10.25	3/23/13	SouthRiver HS Seahawk Invite
Shot Put 3 <sup>rd</sup> (3pts)	38-08.5	4/25/13	Patuxent
Discus	89-02	5/11/13	SMAC Championships

#### Harris, Vondell

Event	Time/Dist	Date	Meet
Discus	75-02	4/16/13	Westlake
Shot Put	33-06	5/18/13	2A South Region Championships

### Jones, Terry

Event	Time/Dist	Date	Meet
Discus 5 <sup>th</sup> (4pts)	125-00.50	5/18/13	2A South Region Championships
Discus 4 <sup>th</sup> (1pt)	107-11	4/25/13	Patuxent
Shot Put	35-11	4/16/13	Westlake

#### Jones, Tyler

Event	Time/Dist	Date	Meet
110m hurdles	20.44	4/30/13	Northern
300m hurdles	49.30	5/16/12	2A South Region Championships
800m	2:33.34	4/30/13	Northern
Long Jump	13-01	4/16/13	Westlake
200m*	26.99*	3/23/13	SouthRiver HS Seahawk Invite

## Joyner, Seth

Event	Time/Dist	Date	Meet
400m 2 <sup>nd</sup> (3pts)	53.44	4/23/13	LaPlata
800m 6 <sup>th</sup> (3pts)	2:08.23	5/18/13	2A South Region Championships
800m 4 <sup>th</sup> (1pt)	2:13.24	4/23/13	LaPlata
800m 4 <sup>th</sup> (2pts)	2:18.04	4/25/13	Patuxent
Long Jump 2 <sup>nd</sup> (3pts)	17-8.75	4/16/13	Westlake
200m* 8 <sup>th</sup> (1pt)*		5/16/13	2A South Region Championships
200m*	24.70*	4/16/13	Westlake
200m* 2 <sup>nd</sup> (3pts)*	25.50*	4/25/13	Patuxent
800m* 2 <sup>nd</sup> (2pts)*	2:09.18*	5/18/13	2A South Region Championships
800m* 1 <sup>st</sup> (5pts)*	2:15.98*	4/16/13	Westlake

#### Mason, Aron

Event	Time/Dist	Date	Meet
100m	12.54	4/16/13	Westlake
200m	25.44	4/30/13	Northern
Long Jump 3 <sup>rd</sup> (3pts)	17-10	4/9/13	Calvert Home Meet
Long Jump 4 <sup>th</sup> (1pt)	16-8.75	4/16/13	Westlake
Long Jump 3 <sup>rd</sup> (2pts)	15-08.5	4/23/13	LaPlata
Triple Jump	35-00	5/11/13	SMAC Championships
Triple Jump	33-8.75	4/13/13	Greater Latrobe/Hempfield Inv.
Triple Jump 3 <sup>rd</sup> (3pts)	33-07.5	4/9/13	Calvert Home Meet
Triple Jump 3 <sup>rd</sup> (2pts)	31-09	4/23/13	LaPlata
Triple Jump 4 <sup>th</sup> (1pt)	29-09	4/16/13	Westlake
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m 8 <sup>th</sup> (1pt)*		5/16/13	2A South Region Championships
200m*	25.74*	4/23/13	LaPlata
400m*	58.61*	4/16/13	Westlake

#### Mattson, Michael

Event	Time/Dist	Date	Meet
800m	2:35.14	4/25/13	Patuxent
1600m	5:31.14	4/25/13	Patuxent
3200m 3 <sup>rd</sup> (3pts)	11:42.04	4/25/13	Patuxent

### McCloskey. Matt

Event	Time/Dist	Date	Meet
800m	2:26.25	5/11/13	SMAC Championships
1600m	5:29.44	4/30/13	Northern
3200m	12:53.74	4/16/13	Westlake

### McCullum, Lucas

Event	Time/Dist	Date	Meet
110m Hurdles 8 <sup>th</sup> (1pt)	18.28	5/18/13	2A South Region Championships
110m hurdles- 4 <sup>th</sup> (2pt)	19.14	4/25/13	Patuxent
110m Hurdles 3 <sup>rd</sup> (2pts)	19.44	4/16/13	Westlake
300 meter hurdles	46.30	5/16/12	2A South Region Championships
300m hurdles 4th (2pts)	48.44	4/25/13	Patuxent
Triple Jump 3 <sup>rd</sup> (2pts)	33-03.5	4/16/13	Westlake
800m	2:29.14	4/30/13	Northern
200m*	27.25*	3/23/13	SouthRiver HS Seahawk Invite

## McCullum, Jacob

Event	Time/Dist	Date	Meet
400m	58.04	4/30/13	Northern
800m 5 <sup>th</sup> (1pt)	2:18.64	4/25/13	Patuxent
1600m	4:57.52	5/11/13	SMAC Championships
3200m 4 <sup>th</sup> (1pt)	11:19.34	4/23/13	LaPlata
3200m 3 <sup>rd</sup> (2pts)	11:40.64	4/16/13	Westlake
3200m 5 <sup>th</sup> (1pt)	12:48.04	4/9/13	Calvert Home Meet
400m*	59.68*	4/16/13	Westlake
800m*	2:11.79*	4/30/13	Northern
800m*	2:12.88*	4/25/13	Patuxent
800m* 1st (5pts)*	2:17.53*	4/16/13	Westlake
800m 7 <sup>th</sup> (2pts)*	2:18.69*	5/16/13	2A South Region Championships

### Navarro, Miguel

Event	Time/Dist	Date	Meet
800m	2:48.44	4/9/13	Calvert Home Meet
1600m	6:24.74	4/9/13	Calvert Home Meet

#### O'Mealy, Collin

Event	Time/Dist	Date	Meet
Shot Put	26-03.5	4/16/13	Westlake
Discus	71-11	5/18/13	2A South Region Championships

### Plenty, Mikhel

Event	Time/Dist	Date	Meet
100m	14.34	4/25/13	Patuxent
200m	24.68	4/27/13	HoCo Spring Classic: Reservoir
400m	57.60	5/18/13	2A South Region Championships
400m 4 <sup>th</sup> (1pt)	58.14	4/23/13	LaPlata
100m* 3 <sup>rd</sup> (1pt)*		4/25/13	Patuxent
200m 8 <sup>th</sup> (1pt)*		5/16/13	2A South Region Championships
200m* 2 <sup>nd</sup> (3pts)*	25.24*	4/25/13	Patuxent
200m*	26.75*	4/16/13	Westlake

### Stark, Brandan

Event	Time/Dist	Date	Meet
100m	17.43	4/13/13	Greater Latrobe/Hempfield Inv.
800m	3:03.14	4/25/13	Patuxent
1600m	6:36.64	4/16/13	Westlake

## Thompson, Brendan

Event	Time/Dist	Date	Meet
800m	2:27.54	4/16/13	Westlake
1600m	5:19.34	4/23/13	LaPlata
800m*	2:17.32*	4/30/13	Northern
800m* 7 <sup>th</sup> (2pts)*	2:16.19*	5/16/13	2A South Region Championships

## Wade, Troy

Event	Time/Dist	Date	Meet
100m	13.88	4/13/13	Greater Latrobe/Hempfield Inv.
Long Jump	15-10.25	4/16/13	Westlake

### Walker, Zachary

Event	Time/Dist	Date	Meet
800m	2:21.94	4/23/13	LaPlata
1600m	4:59.76	5/11/13	SMAC Championships
1600m 5 <sup>th</sup> (1pt)	5:22.84	4/9/13	Calvert Home Meet
200m*	27.10*	3/23/13	SouthRiver HS Seahawk Invite
400m*	1:02.63*	4/16/13	Westlake
800m* 1st (5pts)*	2:18.36*	4/16/13	Westlake

### White, Robert

Event	Time/Dist	Date	Meet
Discus 3 <sup>rd</sup> (2pts)	100-10	4/16/13	Westlake
Discus 4 <sup>th</sup> (2pts)	87-00	4/9/13	Calvert Home Meet
Shot Put 6 <sup>th</sup> (3pts)	41-01.50	5/09/13	SMAC Championships
Shot Put 1st (5pts)	41-01.5	4/16/13	Westlake
Shot Put 7 <sup>th</sup> (2pts)	40-09.5	5/16/13	2A South Region Championships
Shot Put 4th (2pts)	39-1.75	4/9/13	Calvert Home Meet
Shot Put- 2 <sup>nd</sup> (4pts)	38-09	4/25/13	Patuxent
Shot Put 4 <sup>th</sup> (1pt)	37-11	4/23/13	LaPlata

## Woollen, Stephen

Event	Time/Dist	Date	Meet
800m	2:57.94	4/25/13	Patuxent
1600m	6:18.74	4/30/13	Northern

#### **Top Relay Performances**

Event	Time/Dist	Date	Meet
4 x 100	47.34	4/24/13	LaPlata
4 x 200	1:37.64	4/25/13	Patuxent
4 x 400	4:00.24	4/9/13	Home Meet
4 x 800	8:58.53	5/16/13	2A South Region Championships